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TODDLER DIES AFTER BUGGY FALLS IN SEA

WHAT'S ON & WATCH

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ISSN 1753-119-5



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A TRIBUTE FROM REBECCA'S PARENTS

"Rebecca was our sweet, gorgeous little girl. She was a special little girl with a special place in all our hearts. She will be sorely missed by everyone who knew her. We love her so much and she will be in our hearts forever."

"We would like to thank the London hospital for all their efforts to save our little girl and the William Harvey Hospital staff for all their help and support for Lewis, who is coming along really well. We would like to thank all the emergency service and the members of the public who were involved in the rescue."

"Now we have given this statement we would appreciate it if we were left alone to grieve for our loss with our family."

Andrew and Sarah Hopper



BY SIMON ROBINSON

A TWO-year-old toddler died after being blown into the sea with her baby brother.

Youngster Rebecca Hopper was strapped into a double buggy with eight-month-old Lewis when they plunged 15ft off a concrete coastal path near Folkestone into ice-cold water on Sunday afternoon.

The childrens' frantic father, Andrew, 38, from Chatham, and a female friend dove into the sea to rescue the pair. Despite their efforts, Rebecca was pronounced dead two hours later.

Witness Jeremy Francis, 54, said: "I was by my boat and suddenly this woman came running over saying she thought someone had gone in the sea."

"I went over to the edge of the water and there were around six members of the public trying to fish all four of them out."

"It was a dreadful scene. We managed to get the little girl out – she was lying face down in the water and wasn't breathing."

"Two people tried giving her mouth-to-mouth. The little boy was breathing."

Mr Francis, of Purley, south London, added: "I took the girl in my arms, but she was blue and wasn't breathing. The dad was hysterical and screaming, 'My children. My babies. What am I going to do?' It was quite an awful scene."

Rebecca was airlifted to hospital in London in a critical condition, but died on Sunday night.

Her brother was rushed to the William Harvey Hospital in Ashford where he was said to be in a stable condition.

Mr and Mrs Hopper released a tribute to Rebecca through the police yesterday, which is printed next to her picture (left).

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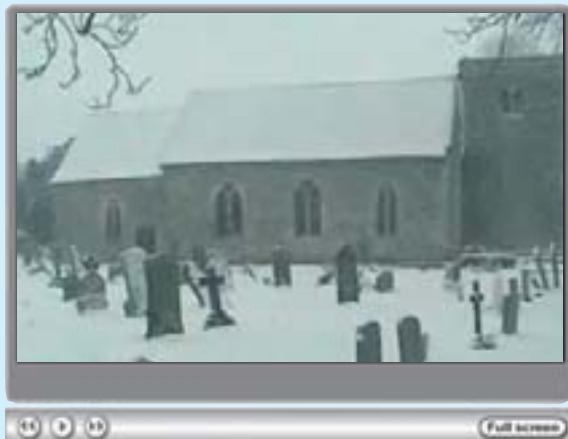
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WHAT'S ON & WATCH

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TOP TV CLIPS



1 Was it only two weeks ago that much of the county was cloaked in snow? See the community channel and search 'snow'



2 Theatrical firsts at The Marlowe Theatre. See the community channel and search 'Cirque'



3 The county's best coverage of local football with Glenn Pearson. See the sport channel

SEE OUR SISTER PAPERS KENT ON SUNDAY AND THE SATURDAY EDITION FOR ALL THE WEEKEND'S COUNTY NEWS AND SPORT

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PLEDGE: Cllr Alan Jarrett, Bob Neill MP, Cllr Rodney Chambers and Cllr Reh Chishti at the Houses of Parliament this month. They are calling for more Government funding to boost public services

Medway council tax increase the lowest in county

■ BY SIMON ROBINSON

THE average council tax bill is set to rise by £1 a week, Medway Conservatives have announced.

The increase means a band D household will have to pay £1,093.50 a year from April – the lowest rate in Kent.

Medway council chiefs said they were proud to be able to keep council tax levels low and continued to call for more Government funding.

Deputy leader, Alan Jarrett, said: "Our pledge to the people of Medway is to offer excellent value for money and this is what we continue to do by providing the lowest council tax in Kent."

"However, under this Labour Government we face increasing financial pressures and under-funding which puts our services under strain."

"Our local MPs won't take up the cause and the Labour Government will not help. It is only under a future Conservative Government that Medway will receive the funding it needs."

The council tax announcement comes two weeks after the Government's 'floor damping' process saw £5 million cut from Medway's budget.

The 5.6 per cent fall in funding equates to £18 per Medway resident.

Furious council bosses said the six-figure cut has left the towns short-changed, while similar sized areas have been flooded with cash.

Wandsworth received a £51.6m floor damping boost, giving each of its 283,000 residents an extra £182.

Brighton and Hove is also in the money – with £19.7m more government cash equating to £77.80 for its 253,000 residents.

A council spokesman said: "If the Brown Government abandoned this absurd mechanism, Medway council could have introduced a freeze on council tax this year and not had any increase at all."

"This ludicrous and unequal way the Labour Government decides funding levels means councils which offer the same services as Medway and have similar population and deprivation levels get more than £25m extra every year."

Mr Jarrett added: "Medway council is facing another cut in its funding whilst other councils with similar demands on its services and similar population and deprivation levels are receiving up to £50m more."

"This cannot be fair and is robbing the residents of Medway of the services they deserve."

• Tell us what you think of Medway's council tax rate for 2009/10 by emailing yourmedway@kosmedia.co.uk or posting a comment on the web story at www.yourmedway.co.uk.

yourmedway
NEWS IN BRIEF

Criminals deterred by high-visibility policing

A MONTH-long police operation to clampdown on criminal damage proved has been labelled a success – with offences down ten per cent on last year's figures.

More than 150 high-visibility patrols of pre-determined areas of Medway were carried out, aimed at deterring would-be criminals.

Between Monday January 5 and Saturday 31, police received 334 reports of criminal damage, a reduction of ten per on the same period in 2008.

Acting Chief Inspector Simon Alland said: "This initiative came about as a result of feedback from members of the public who expressed to us that criminal damage and anti-social behaviour were a priority."

No need to splash out to enjoy swimming

MEDWAY'S Labour group is urging residents young and old to make the most of a free swimming offer.

The scheme gives under 16s and over 60s the chance to hit the pool for free, as part of a government-backed drive to keep the population healthy and active.

Chatham and Aylesford MP Jonathan Shaw said: "The initiative has made it possible for millions of people in the UK to swim for free."

"Swimming is one of the most popular physical activities for children and adults, and we want to make it easier for people to visit their local pools."

Police seek witnesses to death of teen hit by car

A ROCHESTER man was arrested in connection with the death of a teenager last month.

The 33-year-old was arrested by Kent Police's serious crash investigation unit on Monday last week. He was bailed pending further inquiries.

Joshua Callaghan, 16, from Bromley, died from his injuries after being hit by a car as he walked along the pavement in Gravesend at 4pm on Saturday January 24.

A police spokesman said: "We continue to appeal for witnesses. If you can help, call the Kent Police on 01622 798538."

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Action needed to cut teen pregnancy rate

Figures are above national average

EXCLUSIVE

BY SIMON ROBINSON

HEALTH chiefs have set out plans to halve Medway's "consistently high" rates of teenage pregnancies by next year, it has been revealed.

The move comes as part of the wider Medway Teenage Pregnancy Strategy, which aims to improve the standard of living of young mums across the towns.

A report due to be heard by Medway Council's health bosses tomorrow shows 315 girls aged between 15 and 17 conceived in 2006.

This conception rate equates to 46.2 conceptions per 1,000 of the female population between these ages – significantly higher than the nationwide figure of 40.4.

Last year 256 babies were born to Medway women younger than 20.

Medway's public health team teenage pregnancy boss Jinny Robinson said: "This is a priority for Medway because teenage pregnancy is associated with poor long-term outcomes for young parents and their children."

The MTPS also aims to increase the number



BULGE: Strategies to curb the number of teenage girls becoming pregnant are being planned and implemented

of teenage mothers aged 16 to 19 in education, training or employment to 60 per cent by 2010 – to reduce risk of long-term social exclusion.

Prevention is also key to the strategy, with Medway Council securing £115,000 to improve access to contraceptive services for teenagers.

An agreement has been reached with secondary head teachers for the development of on-site sexual health services. New Brompton College, Gillingham, Rainham School for Girls, Bradfields, Chatham, and MidKent College have already expressed interest in the scheme.

Nine secondary schools have also been identified as the focus for intensive and targeted attention as they directly relate to areas of high pregnancy rates.

Teenage pregnancy prevention workers have also visited non-school settings such as youth centres and training providers to deliver informal sex and relationships education.

Medway has 29 condom distribution sites and 138 trained professionals.

This is up from just nine sites and 43 professionals in April 2008.

Objections to be lodged against island airport

COUNCIL chiefs were yesterday expected to register their "strong objection" to the proposed Thames Estuary airport backed by London Mayor Boris Johnson.

The plans would see two 'floating' runways built between the Isle of Sheppey and Whitstable and Essex, with passengers accessing the airport by the A2/M2 or the Channel Tunnel Rail Link via Medway train stations.

A report written for Medway Council cabinet meeting on Tuesday conceded the proposals could result in "economic benefits" but found this was "hugely outweighed" by a range of negative factors.

Regeneration director Robin Cooper said there were nine reasons why the council should fight the airport plan, these included that the idea was unnecessary and not wanted, prohibited by cost, result in catastrophic environmental damage and would bring Medway's infrastructure to its knees.

The report ends by finding: "The construction and operation of a major international airport close to Medway would have devastating impacts on residents' amenity and on the environment of Medway and should therefore be rejected."

Cabinet's expected stance on the airport proposal comes just a fortnight after council leader Rodney Chambers spoke out against the plans.

The Hempstead and Wigmore Conservative councillor said: "The infrastructure to handle the additional traffic just won't be able to cope."

"It would require super highways to be built linking the airport to the motorway network, and would turn parts of Medway into a concrete jungle."

"I will be taking a report to full council on Thursday, March 5, and seeking support from colleagues on Medway Council once again to oppose this latest proposal."

Officers keep an eye on our danger roads

EAGLE-eyed enforcement officials will take to Medway's roads today on the look-out for law-breaking motorists.

Kent police officers will pull over any drivers spotted on camera using a mobile phone or not wearing a seatbelt.

Those caught on their phones face a £60 fine and three points on their licence. A seatbelt offence – such as failing to properly secure passengers who are under the age of 16 – carries a £30 fine.

The campaign is being co-ordinated by the Kent and Medway Safety Camera Partnership.

The organisation's communications officer Katherine Barrett said: "Our safety cameras are at locations where people have been killed or seriously injured, so by reducing the number of offences committed at these sites we hope to lower casualties even further. We are not coy about our operations and all the camera locations and statistics can be seen at www.kmscp.org."

The partnership will carry out similar operations in Canterbury and Thanet tomorrow, Maidstone and Swale on Friday and Sevenoaks, Tunbridge Wells and Tonbridge and Malling on Sunday.

Networking site hosts river railings safety campaign

AN ONLINE campaign has been launched to have higher railings installed along the River Medway – following the death of teenager Sonny Pataria, pictured.

The Get Higher Railings For Medway River 4 Sonny P RIP group already has more than 1,600 members on social networking site Facebook.

Founder Rachel Smith said: "The River Medway needs higher railings to save people like our poor Sonny P. Let's take action in saving more lives."

The campaign has been backed by the friends and family of Chris Lawless and Terry Reynolds – who both lost their lives in the river during the past two years.

Group member Nicole Kimber wrote: "Something needs to be done. I have lost two people in that place now and it is horrible."

Sonny's body was recovered from

the River Medway near Gun Wharf, Chatham, on Wednesday, February 11, after being spotted by a member of the public.

His death has prompted an outpouring of grief from close friends and former classmates of New Brompton College. A poster bearing messages from loved ones has also been pinned to a wall on the river front where his body was found, along with a Liverpool FC shirt and a teddy bear.

Christopher Lawless, from London, was last seen leaving the Amadeus nightclub, Strood, at 2.40am on February 23, 2008. His body was found in the river nearly three weeks later.

Terry Reynolds, 19, from Chatham, was last seen on January 1, 2008, after he and two friends went out to see in the New Year in Rochester. His body was found several weeks later.



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NEWS IN BRIEF

Youngsters connect with a healthy way of living

A BEER goggle demonstration was among activities at a mind and body open day.

Teens attending the event at Connexions Access Point in New Road, Chatham, yesterday were able to get advice on training, as well as information and advice on smoking, sex and relationships, eating healthily, drugs, alcohol and emotional well-being.

The goggles gave the wearer the sensation of being drunk, providing a stark warning about the dangers of drinking.

Long-serving policeman announces retirement

POLICE Inspector Robin Wharfe has announced plans to retire – bringing 30 years of service with Kent police to an end.

The neighbourhood policing team head said he had enjoyed his time in Medway, where he has spent the majority of his time within the force.

Cheif Superintendent Steve Corbishley paid tribute to the long-serving inspector, saying: "He will be missed by all his colleagues."

Nail a good design with this unusual art course

BRIGHTEN up your fingers and toes by enrolling on a nail art course.

The creative module is being run by Medway Adult Learning Service tutor Maria Ciantanni, herself a product of adult education. She encourages others to follow in her footsteps and learn a fun creative hobby, or start a new career.

The five-week course starts on February 24 at Eastgate, Rochester, from 9.15am to 12.15pm each week, call 01634 338400.

Display explains how we dealt with the shortage

A POST-war housing exhibition will move to Strood library later this month, giving residents a chance to see how large parts of Medway were rebuilt.

The Prefabs and Post-war Housing in Medway display includes information about accommodation shortages and initiatives to provide short-term solutions.

The exhibition will be on view from February 21 to March 6. For details call Strood Library on 01634 335890.

Pole dancing helps to fund footie pitch

■ BY CHRIS MURPHY

THE head of a primary school is hiring out a hall to mums to practice their pole dancing skills.

Nick Fiddaman is the head of Woodlands Primary School in Gillingham.

He said the scheme is bringing in extra cash for the school and the poles are removed after the Monday evening sessions.

A six-week beginner's course costs around £35 and even his wife Helen has completed it.

He said: "It is all for mums and members of the community. The children have no involvement with this."

"The pole dancing is one of many dance clubs we do and is popular but is not for children."

"We have put up about eight poles, and the women do a six week course. I have never tried it, but my wife did for me."

"My wife did the course because of course I can't see what is going on. I can usually monitor most of the things we do, so I asked her. She was relatively interested, so I asked her to join up and she did the six weeks."

"It was very tastefully and well done. She didn't go on to the intermediate course because it was physically too difficult."

He said he brings in outside instructors to run the courses and the school takes a cut from their income for supply of the room and other facilities.



Picture: BBC

EXERCISE CLASS: About eight poles are put up in the dance studio at Woodlands Primary School on a Monday

Asked if Mrs Fiddaman was now doing dancing at home for him, he said: "No. But can I point out the whole thing is based on fitness more than anything else."

And when it was pointed out pole dancing has other connotations, he said: "Yes and no. I know it does, but the way this is done is people are shown different moves and different types of fitness training. From our point of view it has been one of the more successful things because different people are coming in."

He added there have been no complaints from parents.

The school was featured on a BBC Inside Out programme.

A BBC spokesman said: "One of the ventures is pole dancing, which takes place in the school's dance studio in the evening. Such activities have helped fund things like their all weather footie pitch. They have also encouraged parents into the school, with many becoming more involved with school life as a result."



Festival funding lights Fuse

THE Fuse Festival will be more accessible to all this summer – after council chiefs secured a £100,000 grant.

Dozens of theatre companies and avant-garde performers from across the globe have already been added to this year's cutting-edge arts festival, running for two weeks in June.

For the first time in Fuse history, all events will be completely free – thanks largely to the Arts Council of England's generous funding.

Festival manager Kate Hazel said: "We are delighted with the news the Arts Council of England will continue to support the Fuse Festival. Their commitment is vital for the

festival's growth and development, and we believe the 2009 programme is the strongest yet, with a wide variety of new and inspiring performances to tempt audiences."

Medway Council's community services boss Howard Doe added: "This recognises Fuse has involved more people than ever in this exciting festival and has demonstrated art and culture are for everyone and can be great fun for all ages."

Fuse runs from Saturday, June 6, to Sunday, 20. The full line-up will be announced in April. For details see www.fusefestival.org.uk or call 01634 338338.



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Picture: SIMON ROBINSON



LOCAL OPPORTUNITIES: Protestors at Grain power station have vowed that this is only the start of the battle

Plant protest rooted in the wish to work

DISGRUNTLED tradesmen have vowed to continue their fight for jobs at Grain power station – following a protest outside the site.

More than 100 workmen converged on the plant's main gates on Wednesday morning and called on French multinational Alstom – and the Polish sub-contractors it uses – to employ more skilled British staff.

The unemployed workers are angry that Alstom failed to include a clause in its tendering contract ensuring any sub-contractor should seek to employ British workers, leading to an influx of cheaper, foreign labour.

Their fight has been backed by the workers' union Unite, which has pledged to co-ordinate a range of further protests, only stopping when their demands are met.

Regional officer Neil Willoughby said Wednesday's demonstration was just the beginning of their campaign.

He said: "We were pleased with the turnout but the important thing was that the unemployed workers had an opportunity to demonstrate. For once it's not about people not wanting to work; it's about people who do

■ BY SIMON ROBINSON

want to work. A lot are really struggling and it's frustrating when they are not given the same opportunities as people from abroad.

"Alstom advertised for skilled workmen with Chatham Jobcentre but despite nearly 500 applying, not one has been interviewed.

"They keep telling us they are working to give everyone an equal opportunity but absolutely nothing has been done."

Mr Willoughby added that Unite is taking legal advice following accusations the two firms helping to build a new gas-fired plant at the Isle of Grain are underpaying their Polish employees and refusing to allow British tradesmen to apply for jobs.

The sub-contractors in question – Remak and ZRE Katowice – will now undergo forensic audits before any further action is taken.

Mr Willoughby said: "Several Polish workers have joined us because they feel they are being exploited and paid less than British workers. We also have a situation at Grain where British sub-contractors are being fair and reasonable by employing foreign workers, but we believe the Polish firms are not.

"We had a meeting on Thursday when all parties agreed there should be an internal audit process to ensure they are paying to the national agreement."

French multinational Alstom is co-ordinating the building project on behalf of energy giant E.ON. No-one from Alstom was available to comment on the accusations aimed at the firms when Yourmedway went to press.

However, a statement earlier in the week in response to the protests at Grain and elsewhere in the UK denied claims Alstom is discriminating against British workers.

It read: "We use sub-contractors for most tasks. British companies win most bids in the UK, however some go to EU companies, who will use their own workforce. Whether British or European, all workers are paid the same rates for the job. The claim we undercut nationally agreed rates is not true.

"Legally we cannot tell sub-contractors who to employ. However, where additional manpower is needed, we can and do encourage sub-contractors to actively consider recruiting suitably qualified, local workers.

"We have received written assurances this will happen."

yourmedway
NEWS IN BRIEF

Funding for rare aircraft

A GRANT of £4,270 has been awarded to a group of volunteers who preserve and restore historically important aircraft.

The Medway Aircraft Preservation Society (MAPS) received the award, which is to be split over two years, from the Kent Community Foundation 'grassroots fund' for its work at Rochester Airport.

Robin Brooks, director of publicity for the organisation, told how the RAF Museum is entrusting the centre with the last remaining Boulton Paul Defiant aircraft, saying: "It is coming from the museum at Hendon and is the only one surviving out of 1,800 built. We are very chuffed they have chosen us."

The Defiant brought a new but fatally flawed concept to two-seat single engined fighter aircraft – it had no forward firing guns. It sustained heavy losses at the start of the Second World War and had to be restricted to night flights.

Say thank you for caring

PATIENTS, carers and residents are being urged to nominate hard-working health workers for an annual awards ceremony.

Members of the public are invited to put Medway NHS staff forward in three Best of Health Awards categories; health and social care professional of the year, unsung hero and the people's award for dignity in care.

NHS Medway chief executive Marion Dinwoodie said: "I ask patients, carers and the public who want to see the work of our staff acknowledged to make a nomination."

The winners will be announced in May.

Listener tunes in for cash

LUCKY Peter Wright pocketed £1,000 after winning Invicta FM's daily quiz competition.

The Chatham bus driver correctly answered all ten questions on the station's Thousand Pound Minute phone-in.

To make it easier, Invicta FM reveals the answers to two of the questions a day early – help the father-of-four did not need.

Breakfast show presenter James Heming explained: "When I asked Peter whether he had been listening to Stephen or Neil yesterday for the answers to questions four and nine he calmly replied, 'No, but it will make it more interesting'."

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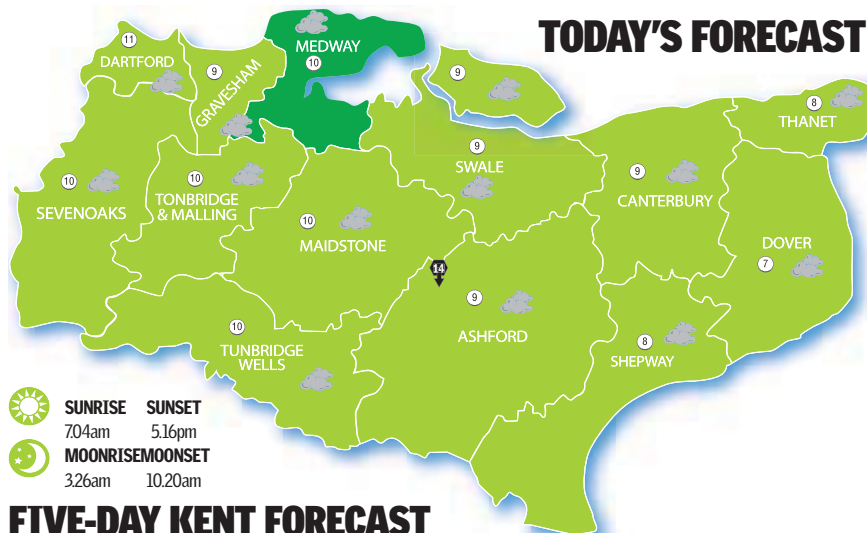
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WEEKEND HIGH TIDES

Chatham	Saturday	10:35am	4.9m
	Sunday	11:25am	5.3m
Dover	Saturday	9:01am	5.4m
	Sunday	9:48am	5.7m
Dungeness	Saturday	8:36am	6.0m
	Sunday	9:30am	6.4m
Ramsgate	Saturday	9:31am	4.1m
	Sunday	10:18am	4.3m
Sheerness	Saturday	10:24am	4.8m
	Sunday	11:14am	5.1m
Whitstable	Saturday	10:31am	4.5m
	Sunday	11:26am	4.8m

AROUND THE WORLD YESTERDAY

Amsterdam	8°C	Madrid	10°C
Athens	8°C	New York	3°C
Barcelona	10°C	Paris	8°C
Beijing	0°C	Rome	9°C
Bombay	32°C	Sydney	24°C
Cape Town	29°C	Tenerife	20°C
Cardiff	8°C	Tokyo	14°C
Gibraltar	13°C	Vancouver	6°C
Hong Kong	23°C	Warsaw	-1°C
Las Palmas	20°C	Wellington	16°C



AWARD: The council's 2012 team at ceremony in London

Council finish winners thanks to 2012 initiatives

MEDWAY Council has scooped a national award in recognition of its London 2012 Games preparations.

The council came past authorities from across the UK to win the Creating a Lasting Legacy trophy at the 2009 Sustainable Communities Awards.

The winning nomination profiled Medway's four core 2012-inspired initiatives, including the £11 million project to transform Gillingham's Black Lion Leisure Centre into the Medway Park regional centre of sporting excellence.

Medway Council's community services chief Howard Doe said: "It is great news Medway has won national recognition for the work that it has put in to get the best out of the London Olympics."

"We're proud to be hosting the Modern Pentathlon World Cup next year, which will see 200 of the world's leading athletes competing at Medway Park."

Medway's international sporting ambassadors Steve Backley and Danny Crates joined the council's 2012 team and other key partners to collect the award at the ceremony held at The Brewery, London on Thursday, February 5.

For more information and the latest news, visit www.medway.gov.uk/london2012.

FIVE-DAY KENT FORECAST

	Thur	Fri	Sat	Sun	Mon		Thur	Fri	Sat	Sun	Mon
Ashford	10°C	10°C	7°C	7°C	9°C	Gravesend	11°C	11°C	8°C	8°C	9°C
Canterbury	9°C	8°C	6°C	6°C	7°C	Maidstone	10°C	10°C	8°C	7°C	9°C
Chatham	9°C	9°C	7°C	7°C	9°C	Ramsgate	9°C	8°C	6°C	6°C	7°C
Dartford	11°C	11°C	8°C	8°C	9°C	Rochester	9°C	9°C	7°C	7°C	9°C
Dover	8°C	7°C	6°C	5°C	7°C	Sevenoaks	9°C	9°C	7°C	6°C	7°C
Faversham	9°C	9°C	7°C	7°C	9°C	Sittingbourne	9°C	9°C	7°C	7°C	9°C
Folkestone	8°C	7°C	6°C	5°C	7°C	Tonbridge	10°C	10°C	8°C	8°C	8°C
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QUESTION & ANSWER

KAREN RICHARDSON



Q Describe the Cambridge Diet.

A Weight management with Cambridge offers a series of flexible programmes. The programmes range from 415 calories a day to 1,500 calories a day. Your personal circumstances will determine which programme is best for you to follow. All of the programmes are based on the Cambridge Diet, a nutritionally balanced formula food. There is plenty of choice within the diet, from soups or shakes you mix-up, to ready-mixed tetra briks and a range of flavoured chocolate covered meal bars. In the UK the Cambridge diet is only available through an accredited Cambridge counsellor so that you can benefit from their personal advice and guidance. As counsellors we have successfully managed our own weight through using the diet, so have the experience to help you manage yours.

Q How did it get its name?

A The Cambridge Diet stems from the early 1960's, when Dr Alan Howard, then a research scientist at the University of Cambridge developed an interest in being overweight and obesity. He began to investigate methods of weight reduction using himself as one of the guinea pigs. Together with Dr Ian Mclean-Baird of the West Middlesex Hospital they went on to develop what they regarded as the "perfect diet". Successful trials led to the introduction of the Cambridge Diet.

Q How did you become involved in the project?

A After battling with my own weight for more than ten years I was heading for a size 20, which personally I couldn't deal with, so it was time to take action. I had tried other diets but it had never worked for me. I heard about the sole source programme with Cambridge and decided to make enquiries. The plan seemed so easy and before I knew it I started the new year on my journey to a new me. As I lost weight my confidence grew and this person who had been locked away started to emerge. It changed my life so much that I wanted to help other people achieve the same. Once I had achieved my goal weight I started the process to become a counsellor.

Q How do you apply it to others?

A By completing a medical record form for all clients I can assess which programme would be most suitable for them. We discuss this along with how much they are looking to lose and I will explain how the selected programme works. We set a stretching but achievable goal which usually brings them down to a healthy BMI. I then normally see people on a weekly basis to discuss how the diet is working for them as well as weighing and measuring them to monitor their progress. Over the course of the diet we will discuss their attitude towards food and how they became overweight in the first place as it is these habits we need to break.

Q What is the best part about the work you do?

A I love seeing people vanish before my eyes and their confidence grow. Those who follow the plan steadily lose weight each week and it's great when people come in and say that they've managed to get into an old pair of jeans. Another good one is when they see a friend they haven't seen in a while and they don't recognise them, it's great. I will never forget one lady who on her first visit was out of breath when she got to the top of the stairs. Now she has lost six stone she flies through the door and up the stairs!

Q How do people react to their weight loss?

A They love it and are normally determined not to go back to the person they used to be. You find that people compliment you for a long time so you get a real boost and are on a high for quite a while. Clothes shopping is much easier and you can often get into the clothes you could before and wear different styles. It's really weird how it changes you, it's almost as if there has been an inner person hiding away and they suddenly come out and at first you don't recognise them but after a while they become the new you!

Q How can people get in touch with you?

A I can be contact on 01795 428533 or 07729 794078. My email address is karen.cambridge@btinternet.com.

Q & A

The counsellor who helps people across Kent achieve substantial weight loss by using the Cambridge Diet spoke to **Nick Ames** about how it works and her own battle with obesity after reaching nearly 20 stone

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EDITOR'S CHOICE

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White horse wins but how can we clean it?

■ BY STEVE KNIGHT

SECRET staircases leading cleaners to 50ft-high abseil hatches could be the answer to maintenance issues surrounding Kent's giant white horse.

The idea is one of several being considered by engineers working with Turner Prize-winning artist Mark Wallinger, who last week beat off competition from a shortlist of talents to win the multi-million-pound Ebbsfleet Landmark Project commission.

Speaking exclusively to our sister paper Kent on Sunday, Mr Wallinger revealed that the horse could also be built using new 'concrete spinning' techniques to increase the structure's strength.

Technology

He said: "There have been great advances in concrete technology in recent years, which makes the material a lot stronger than it was before.

"My study team has come up with several different ideas as to what we could do, including putting some sort of steps into the horse's legs and having little abseil hatches for the cleaners to hang out of.

"But the planning process will probably take about a year, so we'll be able to work out the details along the way."

The £2 million white horse, which is being privately funded by Eurostar, Land Securities and London and Continental Railway, will stand prominently at Springhead Park and overlook Ebbsfleet Valley and Ebbsfleet international station.

It was announced as the winning design on Tuesday last week, just hours before the real horse it was modelled on – Riviera Red – won

in the 2.40pm flat race at Lingfield. Mr Wallinger said: "It was a bizarrely amazing day because I own an eighth of the horse and it had only ever won one race before. So it was a unique double for me.

"He may not be the fastest horse, but he's very good to look at and we needed an attractive thoroughbred to be able to model the design on and take pictures of from every angle."

Mr Wallinger's design was originally criticised by Kent County Council, which wanted the animal to be 'prancing' like the Invicta symbol in the authority's crest.

However, deputy leader Alex King welcomed

the judges' decision despite them ignoring the council's protests.

He said: "This is the best option of the ones that were available. It may not be prancing, but at least it's a horse and it's white.

"It looks a lot more like Invicta than a pile of bricks does."

Cllr King's comments referred to one of the designs beaten by Mr Wallinger's horse, which was Richard Deacon's stack of differently-shaped polyhedrons based on a cairn.

The other losing design was that of a tower of stacked cubes with a laser beam shooting from it into the sky, by French conceptual artist Daniel Buren.



ARTIST: Turner Prize-winner Mark Wallinger

Web readers say 'neigh' to giant landmark



SURE THING: Mark Wallinger's white horse design will cost £2 million

THE decision to award the Ebbsfleet Landmark Project to Mark Wallinger attracted a slew of negative comments on our websites from readers.

Some described his horse design as "drab and uninspiring", while others said it would only be a matter of time before the sculpture was vandalised.

Mark, from Sittingbourne, wrote that "a giant plastic gnome would be more tasteful than this abomination", while Andy Smith, from Cheshire, said the horse looked "extremely silly, like something from Land of the Giants".

Stuart, from Rainham, added: "History recorded what happened the last time a hollow horse was gifted to the nation – Troy was burned to the ground!"

"The youth of Gravesham and the surrounding area will thank you, I'm sure.

"I'll give them somewhere to shelter in inclement weather conditions while they drink and smoke themselves stupid."

However, readers from outside the UK had a more positive view on the design.

Patrick, from Idaho in the United States, wrote: "When I read about this today, I was very excited – a horse as tall as the Statue of Liberty!"

"I would definitely come to see that next time I'm over. Awesome idea for art lovers!"

Max Joseph, from Dublin in Ireland, added: "I think it will be a fabulous piece of art."

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Taser gun increase may trigger debate

■ BY JENNA PUDELEK

AN extra 66 taser guns are set to be in use by police officers on the county's streets.

Kent Police said the force will find out soon whether its bid for a share of £8 million of Home Office funding for the weapon has been successful.

The controversial taser guns shoot barbed darts charged with 50,000 volts of electricity which stun their victims into submission.

Assistant Chief Constable Steve Harris said: "We believe that we will get what we have asked for sometime in the near future.

"However, there are only so many units available for the entire country so it depends how many forces bid for them.

"We bid for 66 tasers. It is our armed response team that use these at the moment with a 24/7 capability.

"It is for wider use to extend taser deployment beyond firearms."

The new weapons will be split between tactical teams at the forces headquarters in Maidstone and other policing areas, the roads' policing unit and the Automatic Number Plate Recognition (ANPR) team.

Asked in what sort of situations the officers will be using the weapons, he said: "I think that is more difficult because each deployment has to be made on a risk assessment.

"Tactical deals with pre-planned operations such as where there might be offenders likely to offer violence."

He said the other units were available spon-



STUN GUN: An officer demonstrates how to use one of the taser guns which could become a more common sight

taneously, as well as for pre-planned operations, and will be used if there is a threat of violence from a weapon other than a firearm.

Chief Constable Mike Fuller told a meeting of the Kent Police Authority (KPA) last December he had applied for extra weapons after Jacqui Smith, the Home Secretary, announced that 10,000 tasers would be made available for frontline officers nationally.

However, the Metropolitan Police Authority, in response to Ms Smith's announcement, said it would not immediately take up the offer because it has the "potential to cause fear and damage public confidence" in police.

ACC Harris said: "We are quite proportionate in the way we are seeking to extend use.

"Some forces applied for these for every operational officer - we have been selective and used risk assessment.

"We have been proportionate so it is for definite sections rather than general application."

He said tasers had been in use since 2005 and there had been 30 operational uses and the weapons had been fired three times.

Taser guns are already widely used by police officers across North America.

In a report published last December, Amnesty International claimed around 334 people in the US have died in the last seven years after being stunned by a taser.

The organisation said its report showed the weapons were potentially lethal and open to abuse.

ACC Harris said the force took officer safety seriously and said tasers were another tool to add to a kit, that include body armour and metal baton, that protects officers from injury.

Our 'gay-friendly force' in kids' essay contest

■ BY NICK JAMES

KENT police are asking children to write an essay as part of a month-long celebration of lesbian, gay, bisexual and transgender history.



REPORT: Essay competition has suffered criticism

Cop competition to tackle hate crimes

KENT Police says a gay essay contest for children organised as part of a month-long celebration of 'Lesbian, Gay, Bisexual and Transgender History' demonstrates its commitment to tackling hate crime.

We reported last week how the police force ran the competition for under-14s; drawing criticism from the likes of Conservative MP Ann Widdecombe who said the police should spend more time "catching burglars" and that it was an "extraordinary waste of police resources".

Children are asked to write a 200-word essay on what this month's slogan 'All different, same respect' means to them. The prize is £25.

But Kent Police Deputy Chief Constable Adrian Leppard said: "It's an excellent opportunity for Kent Police to reinforce how seriously we take hate crime and how committed we are to tackling it.

"We are also aware there is significant under reporting of homophobic bullying in schools so it's vital that we take positive action to tackle these issues whenever we can."

No upset intended

ON Thursday, January 29, an article appeared in this newspaper, suggesting The Brand You Experience was aimed at troubled teenagers.

We have been asked to point out it is an aspirational programme designed to "bridge the culture gap between the world of education and life beyond school".

Beyond Excellence - the creators of the programme - would like to extend apologies for any upset that may have been caused.

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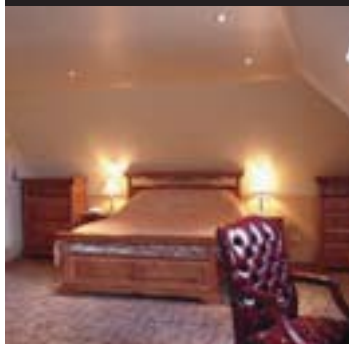
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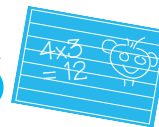
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BREAK TIME



GOING GREEN: (L to R) Sarah Wenham, Kelly Shaw, Will Fletcher, Antoinette Kriel, Lee Collier, Lorna Burton

Green issues were on the menu at unis

ENVIRONMENTALLY-minded students from the Universities at Medway organised a number of eco-events last week in a bid to make fellow students and staff think green.

Organisers dished up a 'green' menu option in the universities' cafeterias made from local and Fairtrade produce, set up a Fairtrade stall and invited students to try out the Eco Footprint machine, which measured individuals' carbon footprint and gave tips on how to reduce it.

All events were put on to coincide with 'Go Green Week'.

Environmental society president Antoinette Kriel said: "The aim was to raise awareness among students and staff, and encourage them to take action in whatever way they can."

"If each one of us makes small changes, together we could make a big difference."

The Universities at Medway is made up of the University of Greenwich, the University of Kent, Canterbury Christ Church University and Mid-Kent College.



WET AND WILD: MidKent College second-year level three public service students went to Wales to sail, kayak and white water raft, and achieved recognised qualifications

Oar-inspiring courses gave students a new experience

STUDENTS made a splash during a new college module – taking on sailing boats, kayaks and white water rapids.

MidKent College's second-year level three public service students were the first to complete the gruelling unit, which culminated in a wet and wild trip to north Wales.

Learners completed two three-week courses in association with Medway Outdoor Pursuits Education Centre.

Both courses – the first on sailing and the second on kayaking – led to nationally recognised, stage one qualifications bearing the

■ BY SIMON ROBINSON

Royal Yachting Association's seal of approval.

The unit finished on a high with a drive to Bala, north Wales, where learners got the chance to go white-water rafting.

Head of school for public services Tony Truscott was relieved to see the students finally heading for the water: "We weren't sure that we could go ahead with the rafting until the last moment."

"The water authorities, who have to open their floodgates to get the white-water rapids going, had already cancelled twice due to adverse weather conditions and I was still nego-

tiating with them when we arrived in Wales.

"Thankfully, the students didn't have to miss out on this great experience, and although some were genuinely afraid, every one of them overcame their fears – and the cold – to do the college proud."

Public services lecturer Sally Howson added: "This module offered students an entirely new experience that took them away from the constraints of the classroom."

They've bonded with one another – and us – and grown in confidence. I'm sure it's an experience they'll never forget.

"And, as this module is exclusive to the level three students, it gives those studying at levels one and two something to aspire to."

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Teenagers are in a Twitter over how to make friends

AS if being a teenager was not difficult enough with all those hormones pulsing through your body, the online world can be a mighty confusing place sometimes.

I refer to the internet phenomenon that is online social networking. Sites dedicated to allowing everyone their own piece of the web from which to share photos, gossip and pretty much anything else inbetween.

Adults are, arguably, responsible enough to know what to handle. But spare a thought for the teenager as they grapple with a desire to be part of the 'in crowd'. For them the boundaries of what they should reveal can be blurred. But here comes the first of the internet's massive contradictions.

On the one hand, the message being driven home by parents etc, is to not reveal information about yourself while you're surfing. And quite sensible too. While 99 per cent of those

online are like you or I, there will always be one per cent from the shadier side of life.

Which goes against the concept of social networking sites. Because there the emphasis is on sharing. The more you post the more popular you're likely to be. And the more 'friends' you'll have. No wonder teens are confused.

And be under no illusion, these sites are becoming pretty much as essential for today's youngsters as having a mobile phone.

Take Facebook, the current destination for those trying to make their lives sound full of glamour. According to conservative estimates it has 175 million people hosting their own pages. Sharing pictures, sharing personal information. It's a dream platform for an attention-seeker – a little concerning for those worried about personal data going astray.

Now there's new kid on the block Twitter – a site which is growing day-by-day. Small fry (it has a mere 55m members), it is designed to allow users to provide updates to 'followers' of their day. Now, this does, I grant you, provide

lots of obvious jokes about what, say, a teenage lad's day involves, but, more importantly, it raises the question of just who will be able to access these updates and learn a remarkable amount courtesy of one quick Google search.

Don't get me wrong – I'm not advocating avoidance of these sites, but I fear they provide too much of a window on who we are. That journey of discovery which is normally conducted by having real world contact with us.

It is almost as though the Big Brother syndrome of the man in the street wanting other people to know about them by virtue of no special talents, but just because they exist, is now the prime driver on the web too.

I urge care. I urge highlighting the fun of going out and talking to people rather than making yourself sound cool on a website.

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Arsenal v Manchester United - 1979 FA Cup Final

Regarded as Wembley's finest finale, this was where the best was saved until last. With United competing in their third final of the late 70's and Arsenal looking to avenge their shock defeat to Ipswich the previous year, the stage was set for a heavyweight showdown between two of the countries most prestigious teams in the last final of the decade.

It was a magnificent final to end an incredible decade, and now you can see it all over again, with the full match in its entirety and post-match interviews from the Wembley tunnel.

Tottenham Hotspur v Manchester City - 1981 FA Cup Final

The 1981 F.A. Cup became only the tenth final in history to finish in a draw, and to a replay it went on a damp Wednesday evening in April. But the fireworks were well and truly lit that night, as the nation was treated to a cracker, and a goal of sublime quality by Ricky Villa as Spurs clinched the F.A. Cup for the 6th time in their history.



Chelsea v Leeds - 1970 FA Cup Final

The first time is always the sweetest, as Osgood and co triumphed over treble chasing Leeds United after the two teams had battled it out for over 240 minutes of absorbing football.

Relive it all over again in this specially produced programme featuring extended highlights of the first match and the full 120 minutes of the Old Trafford Replay.

West Ham v Arsenal - 1980 FA Cup final

This time around it was Second Division Hammer's turn to be the underdogs against Terry Neill's FA Cup holders Arsenal, making their record third successive final appearance.

On a day that Wembley basked in the May sunshine, West Ham United outshone Arsenal, and for the second time in five years the FA Cup headed back to the East End.

Relive the day all over again as the Hammers outgunned the mighty Gunners to achieve one of the most sensational Cup final victories in the history of the famous competition.



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TALK TIME

RODNEY KENNISON

The Medway Velo Club president talks about his love of bikes, the popular club runs at week-ends and the expert training it offers.



Can you tell us a little about yourself?

My name is Rodney Kennison, but I'm known by my friends as Rod. I was born in May 1937 and had my first long ride with my father, who was also a keen cyclist, from Rochester to Canterbury when I was eleven years old. That was in 1948 and I have been cycling ever since. In 1952 I joined the Medway Wheelers, which was at the time one of the best clubs in the south of England, having Ken Joy as a star rider. I rode my first time trial in 1952, a ten-mile event that I completed in 27 minutes. I can't remember the seconds.

Tell us about Medway Velos

The Medway Velo Club was formed in 1967 from three local clubs Medway Wheelers, Medway Road Club and Rochester Velo Olympic. The clubs at this time were in decline because of the onset of mopeds and scooters as cheap easy transport. Nevertheless the stalwarts in the sport kept things going and now cycling as a sport is having a resurgence. Our club has 91 members enjoying different aspects of the sport, and meeting up on a Thursday evening at Upchurch cricket club 8-10 pm. We have a British cycling coach, who happens to be my son Robert. He can give training help and advice to anyone who wants it. On Saturday morning we meet at Victory Cycles Rainham 9m to go on club runs. Usually there are two runs. The stronger faster riders on one ride, and the people who want a steadier ride on the other. We normally meet up for eleveners somewhere for coffee and a bun. More details can be found on our website Medwayvelo.org.

YOUR LETTERS



Apart from Boris Hoo wants airport?

It is time that we made a stand against these ridiculous proposals for a floating airport just off the Hoo peninsula in the Thames Estuary.

Just as we led the fight and defeated the Government over their plans for an airport at Cliffe six years ago, so too will we defeat this ill-starred scheme.

An airport in the estuary is not feasible, not required and not wanted. Such an idea should be abandoned for the economic, environmental, political and practical reasons which stand against it.

The significant threat of bird strikes and the possibility of an incident similar to the recent Hudson River accident demonstrate why this is a non-starter and everyone except Boris Johnson knows that it should never have been floated.

Such a scheme makes little sense when there are sensible alternatives, such as Manston, and the growing political will to construct high-speed rail networks, which could reduce the need for internal flights.

We have been vocal opponents of this idea since it was first



COMMENT ONLINE TOO

NOT only can you use email and letters to respond to our stories, don't forget you can comment via our website too.

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And remember, www.yourmedway.co.uk is updated daily, bringing you the latest news from across Medway as well as our villages.

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In addition, if you find your newsagent, supermarket or petrol station runs out of Yourmedway before you've picked up your copy, you never need to miss out. On www.yourmedway.co.uk you can access, for free, the full newspaper in our highly acclaimed e-editions.

muted last year but now that plans are gathering pace we must step up the campaign against it.

We and our other colleagues on Medway Council, will be seeking support from members and residents to oppose the scheme.

Together we can prevent Medway from being blighted by an airport which is not needed.

Cllrs Janice Bamber, Cllr Ken Bamber, Cllr Phil Filmer, Cllr Peter Hicks, Cllr Tom Mason and Cllr Les Wicks, from the Conservative group of Medway Council, by email

Tories should own up about airport plans

Our Tories are very jittery about this matter judging by the ludicrous planted questions at a recent council meeting. Many Tory MPs are backing the barking idea.

It does not matter how many times Kent & Medway Conservative politicians protest, the country's most senior Tory in power, London Mayor Boris Johnson, backs the scheme and continues to raise the stakes. When will the national Conservative Party come clean about their policy for airports in the South East?

Stephen Hubbard, from Strood, comment posted on web story at www.yourmedway.co.uk

World meet Medway with then there area – you clear off like come back by their makey Boris has a

We need stand a

Gordon Brown vulnerable to crisis since the price hikes has "come h bailouts with

They had a chance to air their views

I would like to respond to the letter from Cllr Hubbard in last week's Yourmedway.

I put the questions to the council and they were not "planted". Only Labour do that, as at Prime Minister's Questions.

Indeed, when I sent my question in, the ruling group wrote back saying "[We] see you've set a question for council ..." They had no idea it was coming.

It was a good opportunity for Medway Council to place on permanent record their position, and I also invited suggestions for alternatives.

What did Cllr Hubbard and other Labour members do on this issue? Absolutely nothing!

John Ward, from Chatham, comment posted on web story at www.yourmedway.co.uk in response to one left by Cllr Hubbard

Plane enough, we don't want airport

I understand the Mayor of London fighting for the best interests of Londoners; it is why Boris was elected.

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However, the position of Medway Conservatives and Conservative councillors (also fighting for their constituents) on this subject, has also been constant throughout; we are against an airport on the estuary regardless of whose idea it is and rather than let it sneak up on us, we are prepared to take whatever action is necessary to resist.

We consider the possibility of any airport in this area as potentially devastating to our residents and the natural heritage/landscape.

However, considering that this Labour Government, taking refuge under the comfort blanket of a "Global Recession" has brought the country down to its knees again, me-thinks very few people will be considering air travel for a while.

They are more likely to be concerned about whether they have a job or afford to feed their families and keep a roof over their heads!

Lastly for Cllr Hubbard to suggest that "locally the Tories are jittery" is a laugh, considering that Medway's Labour MP, Bob Marshall Andrews (who the councillor works for) welcomed an airport on the peninsula when an airport in this area was last proposed.

BMA MP and colleagues quickly jumped on the Conservative and community-led campaign against the airport at Cliffe, when they realised that Bob had judged the mood of the people wrong – no jitters there then!

Cllr Jane Etheridge, from Rochester;
comment posted on web story at
www.yourmedway.co.uk



Lovely lad murdered in this downhill area

As landlady of the local public house I only met Tim for a short while. I'm so upset that this has happened. He was a lovely lad and we had some good chats.

My heart goes out to his family and it just goes to show how this area is going downhill.

Fifteen years ago it used to be a good area but housing associations now don't care who they move in next to us. I spend a lot of my time now making sure the elderly around us are safe, as do my customers and I will as long as I'm here continue to do this. God bless you xx

Jackie Oram, from Chatham, comment posted on web story at www.yourmedway.co.uk

Bring a bear to school and help us

Paddington, the nation's favourite bear, has hired me to undertake a very special task. He has asked me

to help him make his annual Bring Your Bear fundraising event the biggest yet in 2009.

Bring Your Bear is aimed at schools and nurseries across the UK and raises vital funds for Paddington's favourite charity, Action Medical Research.

As the presenter of CBBC's *Beat the Boss* programme, I know the simple ideas are often the best – and Bring Your Bear is very simple and easy to take part in.

Schools choose a day in June, Paddington's birthday month, and get each child to bring their teddy bear or favourite soft toy into class for the day in return for a £1 donation.

The money raised will go towards the charity's *Touching Tiny Lives* appeal, which is helping doctors across the country to find better ways to protect mums-to-be from the risk of pregnancy complications, reduce the incidence of premature birth, and improve treatment for babies that need special care.

Register and receive your free fundraising pack by visiting www.action.org.uk/byb.

Saira Khan, from London, presenter of CBBC's *Beat the Boss* and star of *The Apprentice*, by email



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01732 887322**yourleisure****WORTH THE WAIT:** Billy Ocean is due to release his first new album in 15 years, following a break to spend time with his family

Billy gets going with new album

Global star has been back to the recording studio

BILLY Ocean is a music superstar who has become Britain's biggest ever black recording artist.

To date Ocean has sold more than 30 million records and is best known for his worldwide hit When The Going Gets Tough (The Tough Gets Going), which featured on the soundtrack of Hollywood film The Jewel of the Nile, starring Michael Douglas and Kathleen Turner.

He topped the US pop charts three times with Caribbean Queen, There'll Be Sad Songs and Get Outta My Dreams, Get Into My Car and has also written songs for other artists, such as La Toya Jackson. In 1985 he won the Grammy Award for Best Male R&B Vocal Performance.

Born Leslie Sebastian Charles in Trinidad and Tobago, Ocean moved to England with his Grenadian parents when he was eight. He sang throughout his teenage years and tried to

BILLY OCEAN

Tuesday, March 3, and
Saturday, March 14
Margate Winter Gardens and
Assembly Hall Theatre, Tunbridge Wells



launch a music career even while working as a tailor in the revered Savile Row in London.

He released his first single, as Les Charles, on Spark Records in 1972 and later adopted the name Billy Ocean, under which he would find worldwide fame. Some sources claim Ocean's new name was inspired by the East London estate on which his family lived, others say it was in honour of his favourite football team in Trinidad, Ocean's Eleven.

In 1976 he released his debut album bearing that name and it spawned his first huge hit - Love Really Hurts Without You, which reached number two in the UK charts. He went on to score other hits.

His Grammy win came during a period of great success in the mid-80s, beginning with Caribbean Queen and Suddenly. In 1985 he appeared at Live Aid in Philadelphia and this led to further success with his next album, Love Zone.

Today Ocean continues to win the respect of the next generation of musicians, such as OutKast's Big Boi and hip hop star Warren G. After taking time out to be with his family, this year Ocean releases his first album in 15 years. He is also hitting the roads to perform for old fans and hopefully win some new ones with the voice that has already conquered the world.

Ocean will be at the Margate Winter Gardens on Tuesday, March 3. To book call 01843 292795/296111, or visit www.margatewintergardens.co.uk. He will also appear at the Assembly Hall Theatre, Tunbridge Wells, on Saturday, March 14. Book at www.assemblyhalltheatre.co.uk, or call 01892 530613/532072.

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MURDER ON AIR

Monday to Saturday,
February 23-28
Orchard Theatre, Dartford

THEATRE and radio meet for an evening of gripping crime in Agatha Christie's Murder On Air.

The show, presented by the acclaimed Agatha Christie Theatre Company, gives fans the chance to hear three captivating thrillers from the Queen of Crime. Relive the original BBC broadcast as the stories are performed in an authentic studio setting, complete with live sound effects. Two special guest stars, Susan Penhaligon and Nicky Henson, are due to join the cast for an evening of 30s nostalgia.

Personal Call tells the story of a married couple menaced by ghostly phone



calls from a railway station, while Christie's famous Belgian detective Hercule Poirot is called to a restaurant table covered in a dead woman's favourite flowers in The Yellow Iris. An unfaithful barrister gets more than he bargains for during his



latest romantic tryst in Butter In A Lordly Dish, when his success in the court room backfires.

Tickets are priced from £16.50 to £20.50. To book call the box office on 01322 220000 or visit the website at www.orchardtheatre.co.uk.

OLIVER TWIST AND LA RONDE

Monday to Wednesday,
February 23-25
Central Theatre, Chatham

EXPERIENCE two very different elements of theatre when Love and Madness visits Medway next week.

The London-based theatre company presents Charles Dickens' Oliver Twist in a family friendly but 'no holds barred' version of the story. This adaptation by David Cottis reflects the harsh realities of life in the Victorian underworld, alongside the story's inherent themes of hope and redemption.

Fans of the original novel will be delighted by this fresh and honest production, while those unfamiliar with the tale will find plenty to surprise and entertain. Oliver Twist will be performed at 7.30pm on Monday and Wed-



nesday and 2.30pm, Tuesday.

At 7.30pm on Tuesday there will be a special performance of Arthur Schnitzler's La Ronde, the sophisticated and ironically humorous play that was banned for more than 20 years. Translated by Love and Madness

founder Neil Sheppeck, the story explores human sexuality and charts the brief encounters that link a number of characters together.

Tickets for each play cost £16/£14. To book call 01634 338338 or see www.medway.gov.uk/theatrebooking.



FAIRY TALES WEEK

Until Sunday, February 22
The Hop Farm, Paddock Wood

TWO exciting new attractions have been unveiled as the Hop Farm celebrates February Fairy Tales Week.

Children are invited to hunt down five mischievous creatures in the new Great Goblin Hunt, exploring five

intriguing themed areas with the aid of special 3D glasses. Young visitors will be astonished by the special effects in the underwater room and laboratory.

Be transported back in time on the Victorian carousel, with its brightly painted horses and fire-breathing dragon chariots. There will also be craft activities in the Craft and Pottery Centre and

children are encouraged to come in fancy dress, with a daily prize on offer for the best costume.

Master the mind-boggling illusions in England's first Magic Factory, but be careful not to wake Snow White as you tiptoe around her in Legends In Wax.

For more information call 01622 870821 or go online at www.thehopfarm.co.uk.

MEDWAY LEISURE

Band will barge into pub for acoustic set

MEDWAY band The Deccas will be mixing the best of the past and present at a pub in Gillingham tonight.

The five-piece has an exciting sound that blends retro influences with the best of today's music. Hear examples of their upbeat sound at www.thedecass.co.uk.

The Deccas will play an acoustic set at The Barge in Layfield Road, Gillingham, tonight. Admission is free.

Feel the noise with this group of percussionists

FEEL the noise when an explosive theatrical experience hits the stage at Dartford's Orchard Theatre.

Noise Ensemble features ten talented virtuoso percussionists in its latest production, featuring animations by an award-winning young animator. The show is at 7.45pm tonight. Tickets cost £15/£8 or £40 for families, call 01322 220000 or see www.orchardtheatre.co.uk.

Animated antics for the whole family to enjoy

FOUR escaped zoo animals head for even wilder climes in the hit family film Madagascar: Escape 2 Africa.

In this sequel to the 2005 animation, four friends plan to commandeer a plane and head for Africa. The film will be at Chatham's Central Theatre at noon and 2.30pm daily until Saturday. Tickets cost £3.75/£3, call 01634 338338 or see www.medway.gov.uk/theatrebooking.

Take part in the play at this children's show

YOUNGSTERS can join in the fun with Sleeping Beauty and The Time Lords at Kings Theatre, Chatham, this week.

The interactive show will run from today until Sunday. Young theatergoers can help the actors tell the story and get a piece of the action in the exciting show.

Performances start at 2pm. Tickets cost £5.50/£4.50 or £17 for families. To book call the box office on 01634 829468.

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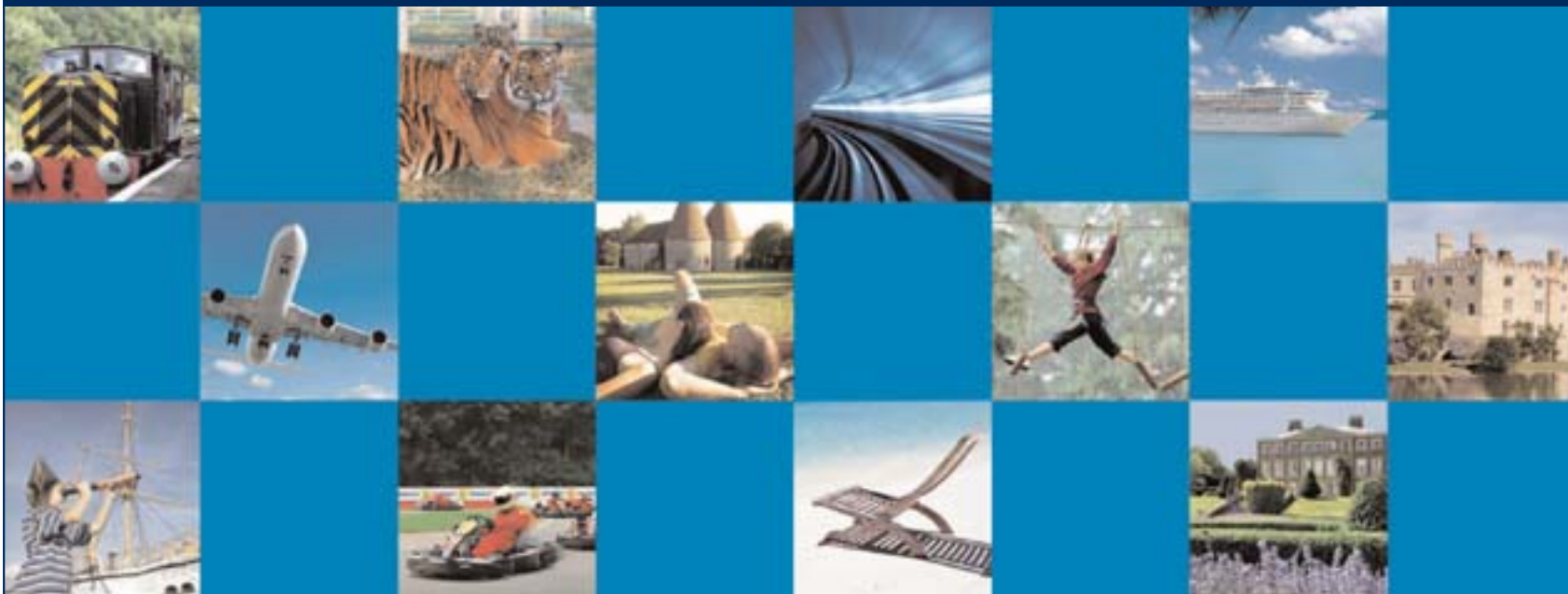
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Melanin converts the light energy into heat. This heat is transferred to the hair follicle, which is destroyed, making it unable to produce a new hair.

The treatment is only effective on growing hairs as these are still attached to the follicle. The majority of our hair is in the resting phase, which is why more than one treatment is necessary. This technique is called



selective photothermolysis.

Healthcare registered, the patch test and consultation is free, and discounts are available on course bookings.

Also available are treatments for facial thread vein removal, age/sunspot removal,

wrinkle reduction, freckle removal, skin rejuvenation and, recently introduced, tattoo removal.

Beautonics-LaserWhite acn be found at 47b High Street, Rainham, call 01634 362575, or visit www.beautonics.co.uk

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Need to unwind, and de-stress? Make some time and try a relaxing massage treatment. The hot stones back massage (or full body if you really want to treat yourself!) are recommended. You'll be in safe, soothing hands. Telephone: 01622 753183

Aesthetic Beauty Centre

Even though it is winter you should be still including sun-block (SPF) in your facial skin care regime. The damaging UV rays still come from the sun even when it's cloudy. Telephone: Broadstairs 01843 866833, Maidstone 01622 679222

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If you are considering having a tattoo for the first time, I would recommend going for black ink only (the easiest to remove with lasers) and place it on an area above the heart as this is the fastest place for a tattoo to be removed. Telephone: 01634 362575

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MEDWAY SHOPPING

Store's reading group is a wicked wonder

TO celebrate the launch of its new picture book reading group, Waterstone's in Chatham is holding a Week of Wicked Wonders.

Every day until Sunday the store is hosting themed reading sessions at 10.30am. Today the theme is Dogs and tomorrow Mog The Forgetful Cat. Find out What Mr Darwin Saw on Saturday and learn about The Princess And The Pea on Sunday. For details call 01634 828929 or visit www.waterstones.com.

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See www.whsmith.co.uk for details.

Website has designer style all bagged up

WITH our style icons looking particularly glamorous during awards season, it can be hard to recreate their looks on a budget.

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Green's latest gripping novel is a real miracle

A DISTRAUGHT mother suffers the ultimate nightmare in Little Miracles, the second novel by Walderslade author Giselle Green.

When Julia's toddler Haydn disappears during a holiday in Spain, the authorities are convinced he has drowned. But Julia is unable to give up the idea that he could still be alive – will her faith be rewarded with the truth?

Little Miracles is published by Harper Collins Avon and is priced at £6.99.

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YOUR TV REVIEW

■ BY TOM BETTS

TERMINATOR: THE SARAH CONNOR CHRONICLES

Virgin 1, 9pm, Thursday

PAPARAZZI: NEXT GENERATION

BBC Three, 10.30pm, Thursday

WITH Christian Bale's mad f-word lambasting of a director of photography still ringing in our ears, it's worth remembering the next Terminator film, Terminator Salvation, will be with us soon enough.

The fact seems to have been forgotten in all the fuss, but I'll be in line with my ticket when the time comes and look forward to what looks like a good popcorn blockbuster.

But in the meantime, to keep us interested in all things post-apocalyptic, we have the Sarah Connor Chronicles which follows the characters of those films and their troubles fighting impending doom and despair.

The two leads are played by different actors than in the films, but, once you get your head round that, it's pretty plain sailing.

This surprisingly good movie spin-off is one of the better sci-fi offerings out there at the moment.

Oddly – or rather confusingly – this is set in an alternate reality from the three movies that have already been out and deviates from the direction a little but, nevertheless, it's easy enough to grasp what's going on, even for a casual viewer.

Also, there's loads of explosions, guns, shouting and running around, which is usually enough to keep me entertained between commercial breaks.

OK, so it's not in the same league as the excellent Battlestar Galactica, but is still a welcome addition to the schedules.



ROBO COP THIS: The Sarah Connor Chronicles is a spin-off from classic The Terminator movies

Here is proof that science fiction is alive and kicking – and not just for the anoraks among us.

Pick this one up on Virgin 1, which is beamed down on most of those clever Freeview thingies nowadays.

For a bit more exciting TV, give it half an hour and switch over to the excellent Paparazzi: Next Generation.

An intriguing look at the world of top celebrity snappers and just what they will do to get a picture of the latest star or starlet.

Whether they are hounding Amy Winehouse through the London traffic, in car chases that endanger and excite, or watching the latest Big Brother loser stumble out of a Mayfair club, it's surprising how high octane and stressful these guys' lives are.

You may disagree with the trade, but the gossip magazines continue to sell and watching the paps stake out hotels, shoot through red lights and chase celebrities down crowded high streets makes this show entertaining.

YOUR WEEK'S HOROSCOPE

BY RUSSELL GRANT



AQUARIUS (Jan 21-Feb 19)
ALTHOUGH you've scored some impressive goals you still feel unfulfilled. Maybe it's because you thought your happiness was predicated on a relationship, job or lifestyle. Contentment doesn't come from external factors; they come from within. Be kinder to yourself.
• To find out more about what the stars have in store call Russell on **Aquarius** 09067-531762



TAURUS (Apr 21-May 21)
CAREER frustrations are coming to a head. If you're in a dead end situation, you need to leave. Taking a job that pays less money will require financial sacrifices, but at least you'll be happy. Don't feel pressurised. For now, you need to take stock of your situation.
• To find out more about what the stars have in store call Russell on **Taurus** 09067-531753



LEO (Jul 24-Aug 23)
A PARTNERSHIP is becoming too difficult to bear. Disturbing facts could come to light regarding a workmate, close friend or lover. If you discover someone has been lying to you it's time to put your relationship on hold. This will be painful, but the separation will help you think.
• To find out more about what the stars have in store call Russell on **Leo** 09067-531756



SCORPIO (Oct 24-Nov 22)
HOME life feels stifling now. Keeping up with mortgage or rent payments is exhausting. Having fewer financial responsibilities would bring you more freedom. If you're unable to escape your responsibilities, delegate jobs to other members of your household.
• To find out more about what the stars have in store call Russell on **Scorpio** 09067-531759



PISCES (Feb 20-Mar 20)
IT feels like you've hit a wall – and no wonder. For the past month or so, you've just been going through the motions of life. Rest, relaxation, and reflection have not been in the equation. It's time to make things better. Read books and watch movies that inspire you.
• To find out more about what the stars have in store call Russell on **Pisces** 09067-531763



GEMINI (May 22-Jun 22)
IT'S hard to know what you believe anymore. Having faith in the greater good seems ridiculous in a broken world like this one. Make a list of all the good things in your life. Focusing on uplifting activities will help you to adopt a more positive outlook toward life.
• To find out more about what the stars have in store call Russell on **Gemini** 09067-531754



VIRGO (Aug 24-Sep 23)
IT'S difficult to focus on work right now. Maybe it's because you're so tired of doing the same thing, day after day. You have a love of routine duties and activities that can get you in a rut. Having the courage to switch gears is essential. Joining a club, will give you a big boost.
• To find out more about what the stars have in store call Russell on **Virgo** 09067-531757



SAGITTARIUS (Nov 23-Dec 21)
YOUR mind is racing so making decisions is practically impossible. Too many conflicting emotions cloud your thinking. It's important to rest and relax because the more rested you are, the easier it will be to focus in your working hours. Don't let things get you down.
• To find out more about what the stars have in store call Russell on **Sagittarius** 09067-531760



ARIES (Mar 21-Apr 20)
YOU'RE getting a little tired of spending all your spare time on friends. It's been a long time since you were able to do exactly as you please. Let this week be the beginning of a new trend. Stop letting others make you feel guilty for not spending time with them.
• To find out more about what the stars have in store call Russell on **Aries** 09067-531752



CANCER (Jun 23-Jul 23)
LOSING touch with your physical side makes you feel empty and alone. It's time to reconnect with your sensuality. Take time to enjoy good food and drink. Treat yourself. Slowly, but surely, you'll rekindle the passion that once drove you. If you feel inhibited talk things through.
• To find out more about what the stars have in store call Russell on **Cancer** 09067-531755



LIBRA (Sep 24-Oct 23)
IF DISAPPOINTMENTS regarding past relationships are clouding your outlook it's time to turn over a new leaf. Check out your expectations about love. Instead of looking for the perfect partner, just focus on making friends. By letting people be themselves, life will get easier.
• To find out more about what the stars have in store call Russell on **Libra** 09067-531758



CAPRICORN (Dec 22-Jan 20)
SPENDING won't fill an emotional void. You've always been good at making money. Unfortunately, your earning power has taken a toll on your self esteem. Contrary to what you might think, your loved ones value you for more than just the money you provide.
• To find out more about what the stars have in store call Russell on **Capricorn** 09067-531761

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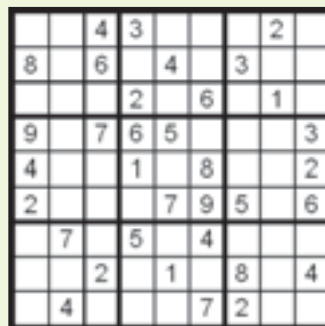
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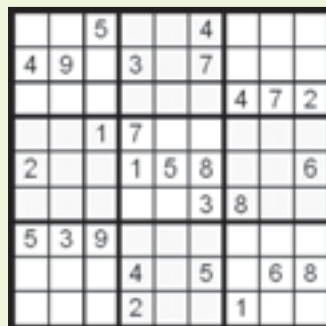
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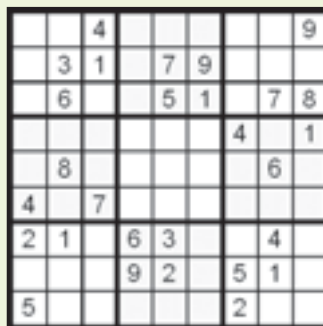
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HARD



CRYPTIC CLUES

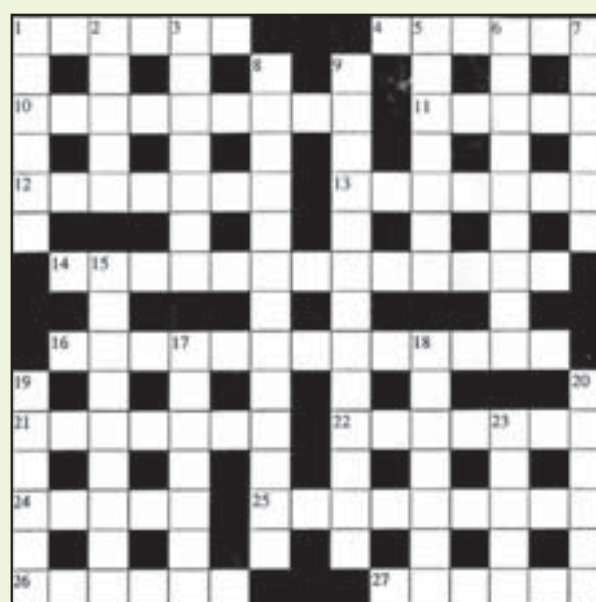
ACROSS

- 1 Fanciful, piquant perhaps, but not gentle (6)
4 Commander found tailless rodents reproducing without fertilisation! (6)
10 Unclothed, cookery served without dressing (2,7)
11 A posh one in church of gold (5)
12 Tillers removed framework (7)
13 Firm for two? (7)
14 Communicating clearly when voting (7,6)
16 Rhythmical hanky-panky (7-6)
21 Fisher removed female chief officer (7)
22 Regal payment? (7)
24 Not right to introduce small map (5)
25 Reversal of policy concerning refurbished café (5-4)
26 Part of total entered was natural gift (6)
27 Hospital doctor not a learner located inside (6)

DOWN

- 1 Silica lamp? (6)
2 Lady had pannier's contents (5)
3 Not allowed to accept fifth-rate paper (7)
5 Rules for language school (7)
6 Unexpectedly Germans almost make a mistake finding the duck (9)
7 Sixth bird reportedly had the bone (6)
8 One who has been caught fighting (8,2,3)
9 Hard time in the past (7,6)
15 Comprehensive coupling (9)
17 Glitter tingles all over the place (7)
18 Kerry unhesitatingly puts small part on the gas (7)
19 Square item of clothing, it's worn casually (1-5)
20 From Wyoming five with Ernest saw monster (6)
23 Rent when accommodated in shelter (5)

SCRIBBLE HERE



QUICK CLUES

ACROSS

- 1 Con trick (3-3)
4 Serviceable (6)
10 Triangular sail (9)
11 Under (5)
12 Warlike (7)
13 Man's title (7)
14 Repugnant (13)
16 Quarrel (8,5)
21 Guilty party (7)
22 Stomach drug (7)
24 Theatrical show (5)
25 Islands in South Atlantic (9)
26 Rebate (anag.) (6)
27 Constrictor (6)

DOWN

- 1 Begin again (6)
2 Monk (5)
3 Magazine for amateur enthusiasts (7)
5 Of underwater sport (7)
6 Accomplished (9)
7 Solicitor (6)
8 Minimum workforce (8,5)
9 Irretrievable (13)
15 Act in a cunning way (3,6)
17 Crop (7)
18 Defeat (7)
19 Beetle gem (6)
20 American inventor (6)
23 Trumpet shell (5)

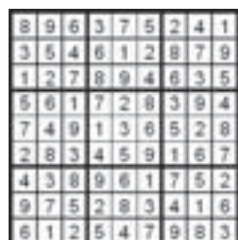
LAST WEEK'S SOLUTIONS

SUDOKU SOLUTIONS No74

EASY



MEDIUM



HARD



Answers to all of this week's quizzes can be found on our website

CRYPTIC SOLUTION No74

ACROSS: 1 Three-decker 9 Sniped 10 Lucerne 12 Open-air 14 Hauteur 15 Joking apart 16 Elm 17 New 19 Pass the buck 22 Tumbler 23 Drumlin 24 Realign 25 Ribbon 26 Interviewer. **DOWN:** 2 Henpeck 3 Explain 4 Dud 5 Cold-hearted 6 Encrust 7 Freeze 8 Merry-making 11 Conjunction 13 Reassurance 18 Wombat 19 Pillion 20 Equable 21 Unloose 25 Rev.

QUICK SOLUTION No75

Scrab 20 Edition 23 Conch.
15 Box clever 17 Harvest 18 Outplay 19 7 Lawyer 8 Skeleton staff 9 Irrecoverable 2 Prior 3 Fanzine 5 Subaque 6 Fulfilled 26 Berate 27 Python. **DOWN:** 1 Resume 22 Antacid 24 Revue 25 Falklands 19 Objectionable 16 Exchange words 21 11 Below 12 Martial 13 Esquire 14 1 Ripped 4 Useful 10 Spinnaker



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BROADVIEW

Guided tours, lasting around 1 hour, will be taking place at 11am and 2pm on the following days:
Sun 15th Feb 2009
Thur 19th Feb 2009
Sat 21st Feb 2009
Sun 22nd Feb 2009
Sat 28th Feb 2009
Sun 1st March 2009
Sat 7th March 2009 (Charity tour, all proceeds donated to Garden Organic).

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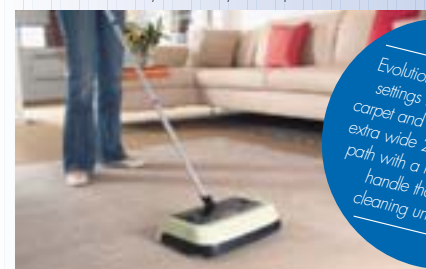
LOCATION: Broadview Gardens is situated within the grounds of Hadlow College, 4 miles outside of Tonbridge on the A26. It is easily reached from the M25, M20 and M2 motorways.

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Evolution II manual carpet sweeper

A must have for every home Ewbank have been producing non-electric carpet sweepers for over a century and their products are still regarded as the best in the world.

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The Red List LIVE festival is set to be animal magic



TEENAGE KICKS: The Undertones (above) will be performing at this year's Red List LIVE festival along with The Wedding Present (top)

LIVE music and animal conservation will unite as one later this year for the inaugural Red List LIVE festival.

More than 200 bands are expected to perform at the Port Lympne Animal Park in June – with organisers hoping the three-day festival will raise £100,000 for some of the world's most at-risk animals.

At this point I'd like to make it clear that Red List LIVE is in no way a cunning way of marketing Zoo Thousand and Nine to once-bitten-twice-shy festival fans.

Zoo8 is over. Mistakes were made. Apologies were offered.

Completely new/different/non-Zoo8 event organisers have been brought in by The Aspinall Foundation to put Red List LIVE together.

Right, let's move on.

RLL bosses have confirmed the first five artists set to grace Port Lympne this summer, the biggest of which is The Undertones.

For those of you who don't know (shame on you), the fantastically-named Feargal Sharkey fronted Undertones gave the world hits such as Teenage Kicks, Jimmy Jimmy and My Perfect Cousin.

Other acts on the line-up include Archie Bronson Outfit, Klaus Says Buy The Record and The Wedding Present.

A Red List spokesman said they could not wait for this year's festival to get underway.

■ BY SIMON ROBINSON

They said: "We're putting on a multi-arts music festival – in an animal park! Red List LIVE brings you the most exciting acts in music, from brand-spanking new electro to old indie favourites, all enveloped in a carnival atmosphere that is as family-friendly as it is exhilarating.

"The festival will be spread across a number of stages, from the towering main stage that will host the weekend's superstar acts to unsigned band tents showcasing gleaming new musical talent.

"The 'Pub' will supply all your ale and chuckle needs and the Dance Tent will keep your glow-sticks twirling to the early hours.

"With seldom seen acts on the Red List stage, jungle frolics at the family zone and a host of other entertainment, Red List LIVE promises to be one of the top festivals for 2009."

The Aspinall Foundation confirmed that £5 from every weekend ticket sold and half of the profits from the festival will go to the charity.

A fundraising target of £100,000 has been set for 2009, with the festival hoping to help donate £1,000,000 to the Foundation during the next five years.

Red List LIVE runs from Friday, June 19 to Sunday, June 21.

Early-bird weekend tickets cost £99 for adults and teenagers, and £20 for four to 12-year-olds. Under fours go free.

For more information visit www.redlistlive.com.

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GOOD TIME: Alister Atkin's new band Low Time play Pigskin Canterbury



TOO YOUNG: 14 year old singer/song-writer Luke Jackson plays his new song



TOP FIVE KENT GIGS

- 1 The Semantics – 28/2 The Ascot Arms Gravesend
- 2 Directions – 5/3 Earls in Maidstone
- 3 A Thousand Ways To Fall – 12/3 The Beercart Arms Canterbury
- 4 Springtide Cavalry – 22/3 The White Horse Ashford
- 5 Carnelian – 26/3 The Vine Tenterden

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ON GENERAL RELEASE

NOTORIOUS (15)



Eleven years after his death, Notorious tells the life story of rap star Christopher 'Notorious B.I.G.' Wallace, aka Biggie Smalls. From the tough Brooklyn streets, the film brings hip-hop history to the cinema.

VICKY CRISTINA BARCELONA (12A)



Scarlett Johansson, Rebecca Hall and Penélope Cruz star in Woody Allen's latest film. It follows Vicky and Christina, who become involved with a flamboyant artist and his insane ex-wife.

HOTEL FOR DOGS (U)



Orphaned 16-year-old Andi and her younger brother Bruce can't keep their loyal dog Friday, so they put him in a disused hotel. Soon they find themselves running a four-star canine retreat.

Drew's self-help advice for women everywhere

■ BY ELLIE GENOWER

IT all started out as a line from an episode of Sex And The City, when Carrie's date Jack Berger gave Miranda some straight-talking relationship advice.

When Berger's comment that "He's just not that into you" ended up having such a huge impact on fans, Sex And The City's consultant Greg Behrendt and executive story editor Liz Tuccillo decided to write a self-help book of the same name.

Its basic remit was that women should ignore mixed messages and wise up to the facts. Thus if he doesn't ask you out... he's just not that into you.

The idea struck a chord with actress Drew Barrymore, whose Flower Films Production company has just produced the movie version of the book, adapting its basic premise to a series of interconnecting storylines and adding a star-studded ensemble cast.

The film's writers took chapters from the book, such as 'If he's not calling you', 'If he's not marrying you', 'If he's sleeping with someone else' and based stories around them.

Jennifer Aniston plays Beth, whose long-term boyfriend Neil (Ben Affleck) isn't interested in marriage, while Jennifer Connelly plays Janine, a woman whose husband Ben (Bradley Cooper) starts sleeping with free-spirited yoga teacher Anna (Scarlett Johansson). And Gigi (Ginnifer Goodwin) is the girl who refuses to give up on love despite a string of disastrous dates with commitment-phobic men.

As well as producing the film, Drew plays technologically baffled and single Mary.

"I liked the character I played because I really related to her," she says.



PRODUCER: Drew Barrymore at a film screening

"And I helped create her with Nan (her Flower Films partner Nancy Juvonen) and the writer. So it just seamlessly worked out that way."

Drew admits she relates to Mary's technological phobias and bemusement about the number of ways to communicate in the digital age.

"I'm a little dismayed by technology," she says.

"I still have a wall phone and I love tape and shoot on film. So it's difficult where you have something in your pocket and you have to respond immediately and be quirky and quippy. No guys call any more. It's all text. I'm awk-

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ward enough on the phone. It's a new ball-game."

But it seems there's an upside to this Luddite approach – Drew's never had to suffer the shame of being dumped by text.

"I don't have a lot of technological portholes luckily. Someone's had to do it to my face, which I like," she says.

Drew's string of broken relationships has been well documented, recently splitting with her He's Just Not That Into You co-star Justin Long.

"I'm in my 30s now and I'm more in a different place. I feel like Mary. I'm like 'Wow I'm single'. Falling in love with yourself is kind of interesting. You put so much stock on other people and you need to spend some time falling in love with yourself. People have journeys and paths and my life has yet to reveal itself."

HE'S JUST NOT THAT INTO YOU

Certificate 12A



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Berlin: it took my breath away

■ BY SIMON ROBINSON

BERLIN are breathtaking, uplifting and full of energy.

Although often only remembered for their global smash hit Take My Breath Away – featured in the classic jet-fighter film Top Gun – the California quartet have released 16 timeless singles since bursting on to the scene in 1980.

Led by blonde bombshell Terri Nunn, the new-wave outfit lit up the UK charts on three occasions, reaching number one with TMBA, breaking into the top 50 with follow-up track Like Flames and scoring a number 39 smash with You Don't Know.

Disappearing

Having attained an average chart position of number 30 during the heady hair-rock days of 1986, the band called time on their career the following year, disappearing without a trace for more than a decade.

Still, Berlin are brilliant.

The band's namesake – the capital of Germany – is just as good an experience as listening to the four-piece. Arguably better.

What struck me most about the city is its many parallels to London, with its abundance of historic landmarks, trendy up-and-coming districts and cosmopolitan feel standing out in particular.

Unlike merry old London, however, Berlin works. Its transport system is efficient, cost-effective and reliable (insert your own stereotypical German gag here).

Berlin is also cleaner than London, with even the busiest of the city's streets free from discarded crisp packets, cigarette butts and other miscellaneous rubbish that so desecrates our capital.



HISTORIC: Remnants of the Berlin Wall (right) stand alongside the city's futuristic Sony Centre, just a few blocks away from the Brandenburg Gate (left), the Reichstag building, Hitler's bunker and the Jewish memorial

But enough of the London bashing. Let us focus on Berlin.

The city boasts dozens of world-renowned landmarks, many of which are within easy walking distance of one another. And the contrasts are sometimes extraordinary.

Remnants of the Berlin Wall, for example, stand alongside the city's futuristic Sony Centre, just a few blocks away from the Brandenburg Gate, the Reichstag building, Hitler's bunker and the Jewish memorial.

Berlin's wartime past is inescapable and moving.

A thin, brickwork snake has been laid where the Berlin Wall once stood, ensuring the East/West divide – and the hundreds who lost their lives trying to cross over into the more prosperous West – is never forgotten.

Square bronze tablets have also been set outside the homes of the Jewish residents, giving a constant reminder of the thousands of German men, women and children who were ousted and killed by the Nazis.

But Berlin is not just a historic city defined by the war.

Its traditionally poorer Eastside is on the rise, with millions of pounds of investment bringing it up to par with the West.

Bars, cafés, restaurants, hotels and night-spots are opening on an almost daily basis.

Berlin offers everything that the weekend breaker could possibly want and is accessible enough to give even short-term visitors a taste of its fantastic past and bright future.

To coin a phrase: "breathtaking, uplifting and full of energy".



FACT FILE: BERLIN

Flights

Daily flights operate from all London airports to Berlin's Tegel and Schoenefeld airports. For flights from Stansted to Berlin Tegel, visit www.airberlin.com.

Accommodation

The East Side Hotel is a modern building next to the world's largest open-air art gallery, featuring the painted remains of the Berlin Wall. Its 36 guest rooms are on five floors and have simple, modern furnishings, all including satellite television with pay movies, telephones and private bathrooms. For more, visit www.eastsidehotel.de.

Further information

Contact the Berlin Tourist Board, or you can visit www.berlin-tourist-information.de.

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PROPERTY NEWS



CONFIDENT: Dean Headley opens the new expansion of Advanced Lettings

Agent makes a bowled move in tough times

GOOD news in the lettings market where one agent has opened a new office.

England and Kent cricket hero Dean Headley bowled up to open the new lettings agency in Ashford last week.

The former fast bowler cut the ribbon at Advanced Lettings, which has taken the brave step of expanding despite concerns over the property market. And agency chiefs say they are confident of success despite the economic challenges.

Ken Simpson, who started the company, has 19 years experience in the rental market. He said: "Ashford is growing, we think it will remain a strong rental market."

Details at www.advancedlettings.com.

Rise in loan approvals

THE latest figures released from the Bank of England show a slight rise in mortgage approvals for December.

According to the Bank, December saw 31,000 home loans approved, a slight increase from the 27,000 approved in November. However, the figure still represents the second lowest on record.

In 2008 lending declined by 58 per cent with 519,000 mortgages approved, compared with 1,250,000 for 2007.

The December figure was described as "mildly encouraging" by many analysts, however, many are warning that there will be even fewer mortgages approved in the next 12 months since the banks are still short of money to lend.

Window of opportunity

BRITISH consumers are looking to be positive and take advantage of the negative housing market and a large number claim they are planning on attempting to benefit because of the falling prices.

The Rightmove consumer confidence survey published today asked over 28,000 people about their feelings regarding the current market.

The majority of the respondents – a total of 65 per cent – said they felt the current decline in prices provided a window of opportunity for cash-rich and mortgage-ready buyers.



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MARKET ON THE MOVE? With first-time buyers recognised as a vital part of a functioning housing market, an increase in their market share is a step in the right direction

First-time buyers show a sign of healthy interest

■ BY NICK AMES

FIGURES from the National Association of Estate Agents show that the number of first-time buyers looking to enter the housing market more than doubled in the first fortnight of 2009.

This is the most positive news yet for the housing market for the start of this year, according to analysts.

A healthy 22.5 per cent of registered buyers were first-timers, up from just ten per cent in December 2008, and from 14.5 per cent in January a year ago.

With first-timers recognised as a vital part of the housing market functioning properly, an increase in their market share is a positive sign by the experts.

Peter Bolton-King, chief executive of the association said: "This figure is highly significant in terms of demonstrating an increase in consumer confidence. The NAEA views first-time buyers as the bedrock of a healthy housing market."

"During the boom years we saw the number of first-time buyers as a proportion of buyers rise as high as 37 per cent, and I believe that an average of 25 per cent is indicative of a healthy and confident market."

"While the figure of 22.5 per cent is definitely not a sign that the housing sector is out of the woods yet, it does suggest that those infamous green shoots of recovery may not be as far off as first thought."

The association's figures, which came from a survey of their 14,000 members, also revealed an upturn in activity levels across the market.

There was an average of four sales per agent in the first two weeks of January compared to a monthly average of six in November and December. Estate agents also reported an average of ten new sellers in the first fortnight of 2009.

Over half of those registering – 55 per cent – were second-time buyers, said the association with buy-to-let investors accounting for a further 22 per cent.

Mr Bolton-King added: "These statistics are evidence that consumer confidence is slowly being restored but I must counter this by saying that unless lenders respond to consumer demand, then any green shoots will wither and die on the branch."

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PUBLIC NOTICE



MANN COUNTRYWIDE are now in receipt of an offer for the sum of £124,500 for 61 BEVERLEY CLOSE KENT ME8 9HQ. Anyone wishing to submit an offer for this property should contact MANN COUNTRYWIDE, 11 HIGH STREET KENT ME8 7HX 01634 374953 before exchange of contracts.

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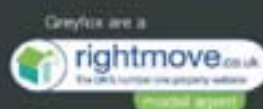
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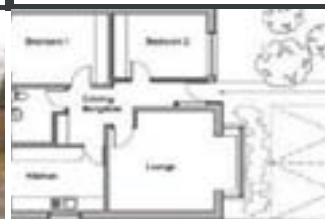


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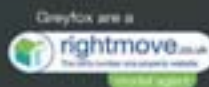
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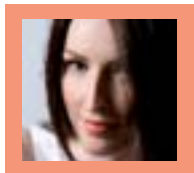
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WOMEN seeking men

TAKE ME FOR WHO I AM
 Hi I'm Sam, 22, looking for a relationship. I'm blonde, have brown eyes, love cosy nights in and cinema, looking to share a relationship. Box 447871

SINGLE DAD WANTED
 Single mum, 23, nice and curvy, 5ft6, blonde, blue eyes, likes shopping, cinema and animals, WLTm an honest and trustworthy male, 28-38. Box 446099

SOCCER FAN SEEKS SOULMATE
 Fun to be with blonde female, 25, 5ft2, loves football(!), going out and staying in, looking for a like-minded man to be my soulmate. Box 446494

SATISFACTION GUARANTEED
 Lively female, 26, 5ft2, brown hair, green eyes, size 10, single mum, enjoys most things, seeks genuine, laid-back guy, for fun, friendship and more. Box 428555

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www.people2people.co.uk/kos.asp

HOLD MY HAND

Single mum, 28, looking for LTR. I enjoy cosy nights in, dancing, dining out. I'm 5ft1, short hair, blue eyes. Box 445363

SOCIABLE GIRL

Sociable girl, 28, loves pubs, social drinks, meeting new people & more, seeks similar male, 58-62, for a lasting relationship. Box 448756

GIVE AND TAKE IN LOVE

Loving lady female, 30, blue eyes, brown hair, seeking LTR with male 30-35, 6ft+, no baggage, in the Maidstone area. Box 448471

GET A STRIKE

African, single mum, caring, adventurous, generous, 30yrs old, medium build. I love cinema/TV, music, bowling, shopping, cosy nights in. Box 882789

NO TIMEWASTERS!

Easilygoing female, 32, enjoys shopping, football, eating out, cosy night in, WLTm loving, caring white male 35-47 for long term loving relationship. Box 444214

HORSES FOR COURSES...

Caring, loving, affectionate female, 30, 5'2", blonde, likes walking, horse riding, animals, seeks affectionate male, 30-40, for lasting, loving relationship. Box 384013

CHATHAM UP!

Pretty black female, 32, tall, loves watching football, shopping, travel, seeking tall, white, loving male, 34-47, for LTR. Chatham. Box 437778

FUN-LOVING FEMALE

Attractive, 31, 5'4", size 12, dark hair with blonde highlights, tactile, WLTm intelligent, professional, attractive guy, for a happy relationship. Tunbridge Wells. Box 308734

A NEW FUTURE!

I'm Rachel, 35, medium, enjoys pubs, clubs, cosy nights in, cinema, theme parks, looking someone special to share things with. Box 448591

SOUND GOOD?

Hello I'm 35, kind, caring and non-smoking, enjoy cooking, cinema, music, dining in and out, looking for that special someone to enjoy a relationship with. Box 447595

FRIENDSHIP, MAYBE MORE

Single, genuine, honest, single mum, 36, 5ft6, I've got hazel eyes and dark hair and enjoy the cinema, meals out. WLTm sincere, attractive, genuine male. Box 446840

WHO KNOWS?

Hi, I'm Alison, 36, 5ft5, single mum, loves swimming, roller skating and meeting new people, looking for a male for friendship, maybe leading to more. Box 448865

CLOSE ENCOUNTER

Loving, caring, tactile female, 36, 5'8", blonde hair, blue-eyes, N/S, GSOH, likes cinema, bowling, country pubs, nights in/out, seeks male for friendship and LTR. Box 827619

LOVE TO LOVE YOU

Lovely female, 36, 5ft4, medium-large build, blonde hair, blue eyes, own house, loves walking, going out, the usual! Seeking male for long-term/serious relationship. Box 348102

ANIMAL LOVER?

Nurse, 37, 2 kids, 5ft6, blonde, blue eyes, likes the gym, cooking, swimming, salsa dancing, looking for a kind, caring, loyal male Box 431557

ENTHUSIASM ENCOURAGED!

Lovely pretty big-busted lady, 39, medium build, 5ft5, lots of energy! likes the gym, reading, new experiences! seeking a nice man for potential exciting relationship! Box 446724

NO TIES

Lonely, bored, professional Tunbridge Wells Asian lady, 40, WLTm slim, single, solvent, professional white male 40-50 for company, fun, love and laughter. Box 443573



CAN YOU HANDLE ME?

Bubbly upbeat slim blonde girl, 40, independent but looking for that someone special to have a good time with. Box 448251

YOUNG-AT-HEART

Attractive 38yr old female, dark brown hair, blue eyes, curvy physique, likes days out, music, concerts, cinema, walking, cycling, seeks loving, fun male, for friendship/relationship. Box 901893

EYES ON YOU

Hi I'm Jenny, 40, love reading/writing, going out, astrology, cars; seeking honest, caring, outgoing guy to enjoy music, fun, friendship and more. Box 449181

A NICE BOTTLE OF WINE

Lovely, glossy brunette, 39yr old, petite, bubbly and loving, enjoys theatre, music and eating out, WLTm a professional, loving and tactile male for a relationship. Box 442551

LET'S CLICK

WLTm a nice guy with a similar nature: I'm an outgoing woman, 42, with brown hair and green eyes. Tell me about you! Box 446847

TOGETHER?

Slim lady, 42, 5ft9, long dark hair, loves walking her dogs, enjoys the outdoors, seeks gentleman to spend time with and get to know. Box 448681

ANIMAL LOVER

Tall, slimish woman, I like horse riding, animals, cycling, country walks with the dogs, nights in and out. I'm 42, with brown hair/eyes. Box 448924

GOOD TIME GIRL

Outgoing young lady, 43, blonde hair blue eyes, 5ft4, works hard, loves socialising, partying, meeting new people...looking for similar male to enjoy happy times with. Box 449157

IN THE SWIM

Divorced, tactile single mum, 43, from Kent, likes swimming, cinema, walking on the beach, socialising and sharing a bottle of wine, looking for a nice man. Box 448900

COUNTRY LASS

Country-loving happy lady, 43, green eyes, long curly hair, good figure, looking for a genuine guy for a serious relationship and happy moments. Battle. Box 883723

THIS STATE OF INDEPENDENCE

Hard-working female, 41, 5'4", bubbly, independent woman, love to laugh, socialising with friends, looking for independent man who values TLC. Box 414156

AIMING HIGH

Blonde aerobics instructor, female, 43, seeking decent, tall, fit male for companionship, hopefully leading to a relationship in my spare time (mainly afternoons). Box 446017

COME ON DOWN!

Honest, bubbly female 45, long hair, slim, enjoys walking, cinema, socialising; seeks honest, friendly chap for friendship leading to more. Box 882693

COULD IT BE YOU?

Hi I'm 44, slim, 5ft8, a redhead, love nights out, socialising, looking for friendship initially and hopefully more later on. Box 889800

HERE WE ARE

Easilygoing female, 45, self-employed hairdresser, likes theatre, restaurants, socialising, sofa cuddles, seeking loyal, loving, caring male for good times and more. Box 444672

SOULMATE SOUGHT

African descent female, 45, 5ft6, full figure, radiant, happy, attractive, loves music, theatre, travel, the arts, WLTm gentleman who is cultured, kind, solvent and fun. Box 443996

SINCERITY

Hi I'm Marian, petite, blonde, green eyes, 46, looking for my Mr Right to have fun with and enjoy lasting relationship with. Box 447386

IT'S WHAT YOU MAKE OF IT!

44yr old female, blonde hair, 5ft5, slim, easilygoing, enjoy many things in life, looking for someone similar out there to enjoy life with! Box 436810

SOUND GOOD?

Hi I'm Lynne 40, 5ft4, dark hair/eyes, love reading/writing, going out, astrology, cars; seeking honest, caring, outgoing guy to enjoy music, fun, friendship and more. Box 449186

FANCY A FILM?

Hi, I'm Pam, 47, 5ft11, brown hair, hazel eyes, slimish, divorced, looking for a LTR with a nice and genuine man. No time-wasters please! Heathfield. Box 448626

ARE YOU THE ONE FOR ME?

Caring, cute female, 46, petite, likes socialising, dancing, travelling, good food, seeking intelligent, loyal man 42-52 for love and TLC. Seaford. Box 444366

BE MY FRIEND AND LOVER

Bubbly, caring lady, 47, divorced with 2 teenagers, dark hair, medium build, into cooking, driving, love to talk, laugh and have fun, seeking a normal guy. Box 429562

JUST IMAGINE

Petite, brunette, bubbly, friendly, easilygoing single mum, 49, enjoys cinema, eating out, socialising, most things, WLTm genuine male, to see where life takes us! Box 893562

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Charges: 35p each message you send. Forwarded messages and requested matches: 75p incl VAT.

Over 18s only. To cancel send STOP to 81188. For help call 0871 220 9188 - 10p/min all times. gswave, London N7 9AH. ©2008 gswave

FOR KEEPS

Hi I'm Karen, 50, medium build, 5ft, separated, devoted mum, looking for friendship with someone who likes dining out, evening walks and perhaps something lasting... Box 882618

FUNNY GIRL

Petite, blonde female, 51, GSOH, likes music, books, films, cooking, looking for romantic soulmate 45-55 for TLC. Kent. Box 835181

YOU DON'T KNOW UNTIL YOU CALL...

Young looking, hard working 53yr old living in East Sussex. I am a happy, caring person with a good sense of humour. Non-smoker. Heathfield. Box 883410

COMPANIONSHIP, LAUGHTER, MORE

Curvy & cuddly, outgoing, friendly, honest female, 53, 5ft7, larger build, fair hair, likes socialising, country walks, theatre, cinema, music, swimming, WLTm similar loving male. Box 443642

NOTHING VENTURED...

New to this, I'm a 53yr old woman, seeking loving, tactile man. I enjoy walks, countryside, having fun, nights in and out. Box 446282

DO YOU HAVE THE BRAINS & THE LOOKS?

Professional, attractive female, 54, enjoys the countryside, gardening, keeping fit, reading and live music, looking to meet an attractive and intelligent man for a relationship. Box 448863

Quick, easy way to view a member's photo!

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Your phone must be WAP-enabled £1.50 per photo

Add a photo of yourself

Register your number with us & send by MMS to 07746 738 778. Enter P2P as subject.

MMS - standard network charges apply.

LET'S SEE WHAT HAPPENS!

Smart petite lady, 56, 5ft4, tall, blonde hair, green eyes, likes restaurants, theatre, cinema, travel abroad; seeking happy guy with similar interests. Box 448795

ATTRACTIVE, LIVELY & YOUNG AT HEART

Affectionate tactile bubbly woman, young 56, 5'7", blonde, curvy, looking for lasting relationship with 50-58 year old loving man. Box 888680

I'VE GOT THE GOLDEN TICKET

Christian female, 57, looking to meet a nice man with GSOH for relationship and have fun with. St Leonards-on-Sea Box 449225

WALKS ALONG THE COAST

Honest & sincere female, 58, tall, GSOH, loves country pubs, coasts, cinema, seeking a man who's a match for me with GSOH for relationship. Box 441622

Women seeking women

IT'S WHAT'S INSIDE THAT COUNTS

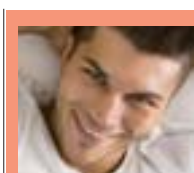
I'm a 26yr old female, looking for new friends and maybe that special girl...let's have a meal and a drink and see what happens! Box 448722

FRIENDSHIP, MAYBE MORE

Curvy fit female, 32, seeks like-minded woman, for friendship, hopefully more. Single mum, work part time. Box 886142

FRIENDSHIP, HOPEFULLY MORE

Feminine woman, easilygoing, caring, 45, long brown hair, blue eyes. I love music, eating out, reading/writing, drives, weekends away. WLTm boyish female. Box 448248



MEN seeking women

SNAP ME UP

Active male, 23, 5'9", slim, brown hair/blue eyes, enjoys keeping fit, meals out, music, seeks female, GSOH, for good times. Box 805438

CAN YOU KEEP UP?

Very sporty male, 33, 6ft2, muscular, green-blue eyes, dark hair, likes clubs, pubs, socialising, seeking female to relax and have fun with, perhaps more. Box 444221

WISHFULLY YOURS

Fun-loving black male, 34, tall, medium build, GSOH, looking for a bubbly and sensitive female with GSOH for a relationship. Box 449230

HELLO

Very down-to-earth male, 35, into current affairs, socialising, meals out, cosy nights in, travel; WLTm similar slim tall lady with GSOH. Box 449120

LOVE THE ONE YOU'RE WITH

Attractive, caring man, 37, very loyal, genuine, down-to-earth, from East Kent, many interests, it's about who you're with, not what you're doing. Box 423435

TRUSTWORTHY

Margate man, 37, 6ft3, dark hair, nice big build. I work in residential care which I love. I'm down-to-earth, kind, tactile, with a GSOH. Box 423437

EVERYTHING I DO

Lee, driver, 36yr old, 6ft3, dark hair, like pubs, clubs, wine bars, places of interest, sports and reading, WLTm a woman for friendship and romance. Box 889720

R U A ME?

Down-to-earth, loyal guy, 36, looking for companionship, leading to a long-term relationship. Enjoys meals out, good company, conversation, cosy evenings in. Box 914917

ROMANCE, COMPANIONSHIP?

Me, 39, 5ft6, blonde hair, blue eyes, hard working, friendly, loves films and music, sports, football, karate...WLTm nice, slim, attractive lady for meals and more. Box 449167

LET'S MAKE SWEET MUSIC

39yr old male, blonde hair, green eyes, loves going to gigs and listening to live music, seeking a nice lady with GSOH for a relationship. Box 448997

LAID BACK

Stocky guy, separated, 40yr old, 5ft8. I'm easilygoing and would like to meet a nice lady with similar interests. Box 449400

MAKE YOUR MARK

Hi I'm Mark, 40, 5ft8, brown hair and eyes, fit, not ugly, mature, honest, WLTm someone trustworthy and caring. Box 448372

TO ENJOY LIFE

Hi I'm Mark, 40, 5ft8, brown hair and eyes, fit, not ugly, mature, honest, WLTm someone trustworthy and caring to settle down with. Box 448377

FOR GOOD, FOREVER

Hi I'm 40, 5ft8, with short brown hair, brown eyes, loves fishing, walking, swimming, sport; seeking female who's kind, genuine and caring. Box 448686

ANYTHING IS POSSIBLE

Art-loving 40yr old, 5ft9, brown hair/eyes, into motorbikes and weight-lifting, looking for a trustworthy female for friendship to start off with, then who knows? Box 448928

SEARCHING FOR LOVE

Genuine single fella, 41, worked hard all my life now need to find love, seeking loving lady to have loads of fun and more with. Box 884096

THE FIRST STEP...

Attractive mixed race male, 41, 5'10", likes chatting, travel and music. Looking for a female, in the Kent or London areas. Box 882345

LOVE ON THE DANCEFLOOR

Outgoing, young-minded male, 47, smoker, likes war games, books, cinema, castles, places of interest, seeking similar woman to boogie on the dancefloor with. Box 443750

ASHFORD MAN

Attractive guy, nice to be with, laid back, I'm 41, 5ft8, medium/stocky build, brown hair. Own business and home, enjoys walks, pubs, wine, restaurants, cinema. Box 437225

EVER CHANGING COLOURS

Ian, 40, 5'7", medium build, green eyes turning blue when it is cold, loves live sports and golf, seeking an active female, 30-39. Box 899003

LIFE STARTS NOW

Separated male, 42, looking for relationship, friendship and fun. WLTm a lady who looks after herself and likes outdoor activities. Non-smoker preferred. Box 882429

PUT THE SPICE BACK IN!

Familial oriented guy, 41, separated, looking to find a lady who wants the fun and company of a partner back into their life. Box 884065

COMPLETE ME

Single dad from Kent, 42, loves life and socialising, likes eating out, cinema and theatre, seeks single mum, 25-45, to make my life

MOTORS NEWS



New Exeo offers Audi class for Seat money

SEAT enters the family car market in April with a new model name plus some familiar design and engineering.

For the incoming Exeo is a previous generation Audi A4, but none the worse for it; at a stroke, the sporty Spanish marque has gained an upmarket recruit that is still competitive and can be aggressively priced and loaded with extras.

The Exeo should drive well, looks excellent value from £17,740 and, for better or worse, carries over much of the A4's styling inside and out.



Credit crunch feels the pinch from Kia's deals

KIA claims to be 'kicking the credit crunch where it hurts' with a price freeze until the end of March, plus value versions of its Picanto five-door city car and Rio supermini.

The Picanto Red (from £7,645 and pictured) and Rio Black (from £8,745) come laden with goodies; the former's include alloys, front fogs, leather trimming, alloy pedals and iPod compatibility.

For every Picanto Red sold until Red Nose Day (March 13), Kia will donate £100 to Comic Relief.



Citroën Picasso makes for some good viewing

CITROEN underpins the successful Picasso MPV sub-brand on April 9 with the launch of an eye-catching replacement for the bobby Xsara Picasso that helped give the French marque leadership of the MPV sector in Europe.

As usual with Citroën, the new C3 Picasso will be affordable and cheap from just £11,495, but the practical newcomer is also handsome on the outside and well-made inside for a small MPV class where it faces rather more anonymous rivals such as the Vauxhall Meriva.



FLEXIBLE FRIEND: Fiat's Panda qualifies for the cheapest band road tax, can seat five, has lots of headroom and the ability to haul a decent load with the rear seats folded

Panda is feeding on the green shoots of recovery

ROAD TEST FIAT PANDA

BY STEVE LOADER

STAR QUALITY

Driving appeal	★★★★★
Image	★★★★★
Space	★★★★★
Value	★★★★★
Running costs	★★★★★
Reliability	★★★★★
Green rating	★★★★★

over 60mpg and also qualifies for the cheapest road tax, but you really do need to notch up some miles to justify so much extra outlay and the heavier handling.

The Panda's design is functional yet timeless: a smart glazed van essentially that can seat five – four in comfort – with plenty of headroom and the ability to lug a decent load with rear seat folded; dearer models come with a split folding arrangement.

It is also fun to drive, with light yet responsive steering ideal for urban tight spots or press on driving.

The cabin is robust and stylish for this class with the high-mounted gearshift falling nicely to hand, while a relatively long wheelbase ensures a good ride for a small car.

The 100HP tested here delivers extra zest with its pokey 1.4-litre petrol engine.

A 0-60mph time of under 10 seconds is only slightly shy of the dearer Mini Cooper.

The suspension has been tweaked for more feedback and there is a 'sport' button to weight up steering and throttle sensitivity for the twisty stuff, though this makes the 'cuddly' Panda turn nasty and your passengers won't like it one bit if you try to press on even a little.



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07 57 NEW ZAFIRA 1-8 LIFE AUTO PAS AIR/C TURQUOISE 1000 MILES.....	£8995
07 57 NEW ASTRA 16 DESIGN AUTO PAS AIR/C ALLOYS SILVER 5000 MILES.....	£8495

FORD FUSION & FIESTA

07 07 FIESTA 1-6 STYLE CLIMATE 5 DR AUTO PAS AIR/C 5000 MILES.....	£7495
07 07 FUSION 1-6 PLUS CLIMATE AUTO PAS AIR/C ANYMYST 4000 MILES.....	£7995
07 07 FUSION 1-6 PLUS CLIMATE AUTO PAS AIR/C TANGO RED 14000MILES.....	£7995
07 07 FIESTA 1-4 ZETEC CLIMATE AUTO PAS ALLOYS BLUE 20000 MILES.....	£6995
05 55 FIESTA 1-6 GHIA 5 DR AUTO PAS TONIC BLUE LEATHER 4000 MILES.....	£6995
05 05 FUSION '2' 1-6 AUTO PAS 5 DR PANTHER BLACK 20000 MILES.....	£5495
05 54 FUSION '3' 1-6 AUTO PAS 5 DR GREY ALLOYS AIR/C 14000 MILES.....	£5495
03 53 FUSION 2-1-4 AUTO PAS AIR/C BRONZE METALLIC 38000 MILES.....	£2995

NEW FORD FOCUS & C-MAX

07 56 FOCUS 1-6 LX 5 DR AUTO PASAIR/C OCEAN BLUE 3000 MILES.....	£7495
06 56 FOCUS C-MAX GHIA AUTO PAS AIR ALLOYS SILVER 9000 MILES.....	£8995
06 56 FOCUS 1-6 ZETEC CLIMATE AUTO PASAIR/C OCEAN BLUE 8000 MILES.....	£7995
06 56 FOCUS 1-6 LX 5 DR AUTO PASAIR/C TANGO RED 14000 MILES.....	£7495
06 56 FOCUS 1-6 LX ESTATE AUTO PAS AIR/C STEEL GREY 12000 MILES.....	£7995
06 06 FOCUS 1-6 GHIA AUTO PAS ESTATE ALLOYS BLUE 14000 MILES.....	£7995
06 55 FOCUS 1-6 GHIA AUTO PAS 4DOOR ALLOYS TONIC BLUE 14000 MILES.....	£6495
06 55 FOCUS 1-6 GHIA AUTO PAS 4DOOR ALLOYS TONIC BLUE 17000 MILES.....	£6495
06 55 FOCUS 1-6 LX 5 DR AUTO PASAIR/C SEA GREY METALLIC18000 MILES.....	£6495
06 55 FOCUS 1-6 LX 5 DR AUTO PASAIR/C SILVER METALLIC12000 MILES.....	£6495
05 55 FOCUS 2-0 GHIA ESTATESDRAUTO PAS AIR ALLOYS BLUE 4000 MILES.....	£7995
05 55 FOCUS 1-6 LX 5 DR AUTO PASAIR/C JEANS BLUE 15000 MILES.....	£6495
05 55 FOCUS 1-6 ZETEC CLIMATE AUTO PAS AIR/C ALLOYS BLUE 13000MLS.....	£6495

FORD FOCUS

04 54 FOCUS 1-6 ZETEC 5DR AUTO PAS ALLOYS ROSSO RED 15000 MILES.....	£4995
04 04 FOCUS 2-0 GHIA 5 DR AUTO PAS LEATHER TONIC BLUE 24000 MILES.....	£5995

VAUXHALL CORSA NEW AND OLD MODELS

07 07 NEW CORSA 1-4 CLUB AUTO PAS AIR/C 5DR SILVER 19000 MILES.....	£7995
07 07 NEW CORSA 1-2 CLUB AUTO PAS AIR/C 5DR SILVER 680 MILES.....	£7995
06 06 CORSA 1-0 LIFE 3 DR AUTO PAS SILVER CD 18000 MILES.....	£4995
06 06 CORSA 1-0 LIFE 3 DR AUTO PAS PURPLE CD 2000 MILES.....	£4995
05 55 CORSA 1-4 DESIGN AUTO PAS AIR/C 3DR STAR SILVER 7000 MILES.....	£5995
05 55 CORSA 1-4 DESIGN AUTO PAS AIR/C 5DR STAR SILVER 24000 MILES.....	£5995
05 05 CORSA 1-4 DESIGN AUTO PAS AIR/C 5DR STAR SILVER 17000 MILES.....	£5995

CITROEN

07 07 CITROEN C3 1-6 SX AUTO PAS AIR/C GREY METALLIC 450 MILES.....	£7495
07 07 CITROEN C3 1-6 SX AUTO PAS AIR/C BLUE METALLIC 10000 MILES.....	£6995
06 56 CITROEN PICASSO 2-0 EXCLUSIVE AUTO SILVER 5000 MILES.....	£8995
05 55 CITROEN PICASSO 2-0 EXCLUSIVE AUTO WICKED RED 17000 MILES.....	£6995
05 05 CITROEN PICASSO 2-0 EXCLUSIVE AUTO BLUE MET 8000 MILES.....	£5995
05 05 CITROEN C4 1-6 SX AUTO PAS AIR/C SILVER MET 19000 MILES.....	£5495

LAND ROVER

04 54 LAND ROVER FREELANDER 1-8 XEI BLACK AIR/C 5 SPEED 38000 MILES.....	£5995
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MAZDA

07 57 MAZDA 6 TS AUTO PAS ALLOYS AIR/C 5DR BLUE MET 11000 MILES.....	£9995
07 57 MAZDA 6 TS AUTO PAS ALLOYS AIR/C 5DR BLUE MET 13000 MILES.....	£9495
07 56 MAZDA 3 TS AUTO PAS ALLOYS AIR/C WINNING BLUE 11000 MILES.....	£7995
06 06 MAZDA 3 TS AUTO PAS ALLOYS AIR/C WINNING BLUE 15000 MILES.....	£7495
06 06 MAZDA 6 TS AUTO PAS ALLOYS AIR/C 5DR BRIGHT RED 14000 MILES.....	£7995
06 06 MAZDA 2 CAPELLA AUTO PAS ALLOYS AIR/C 5DR TONIC 7000 MILES.....	£6495
06 06 MAZDA 2 CAPELLA AUTO PAS ALLOYS AIR/C 5DR TONIC 16000 MILES.....	£6495

SKODA

08 08 SKODA ROOMSTER 2 AUTO PAS AIR/C MET GREY 450 MILES.....	£9995
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HONDA

06 06 Honda CRV EXECUTIVE AUTO PAS AIR/C LEATHER SILVER 11000 MILES.....	£11995
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HYUNDAI

06 56 HYUNDAI MATRIX 1-6 GSI PAS AIR/C AUTO BLACK 16000 MILES.....	£5995
06 06 HYUNDAI MATRIX 1-6 GSI PAS AIR AUTO SHIMMER BLUE 10000 MILES.....	£5495
06 06 HYUNDAI MATRIX 1-6 GSI PAS AIR AUTO MET GREEN 10000 MILES.....	£5495

TOYOTA

07 57 NEW AYGO PLUS 5 DOOR AUTO PAS AIR/C ICE BLUE 5000 MILES.....	£7495
07 56 NEW YARIS T3 1-5 5DR AUTO PAS CRYSTAL GREEN 5000 MILES.....	£7995
06 06 NEW YARIS 1-3 T SPIRIT 3 DR AUTO PAS AIR SILVER 8000 MILES.....	£7995
05 05 YARIS 1-3 T SPIRIT 3 DR AUTO PAS SILVER ALLOYS 7000 MILES.....	£6995
05 05 YARIS VERSO T SPIRIT AUTO PAS AIR ALLOYS SILVER 14000 MILES.....	£7995
05 05 YARIS VERSO T SPIRIT AUTO PAS AIR ALLOYS SILVER 13000 MILES.....	£7995
05 05 YARIS VERSO T SPIRIT AUTO PAS AIR ALLOYS GREEN 23000 MILES.....	£6995
05 05 YARIS 1-0 T3 AUTO PAS 5 DOOR CARLO BLUE METALLIC 18000 MILES.....	£4995
05 54 YARIS 1-0 T SPIRIT 5 DR AUTO PAS AIR BLUE ALLOYS 22000 MILES.....	£5495

NISSAN

07 07 NISSAN NOTE 1-6 SE 5 DR AUTO PAS AIR/C SILVER 1400 MILES.....	£8995
07 07 NISSAN NOTE 1-6 SE 5 DR AUTO PAS AIR/C ORANGE 3000 MILES.....	£8995
06 56 NISSAN MICRA CONVERTIBLE SPORT AUTO PAS AIR GREY 9000 MILES.....	£9995
06 56 NISSAN NOTE 1-6 SE 5 DR AUTO PAS AIR/C DARK BLUE 15000 MILES.....	£7995
06 06 NISSAN NOTE 1-6 SE 5 DR AUTO PAS AIR/C VIVID BLUE 3000 MILES.....	£6995
06 06 NISSAN NOTE 1-6 SE 5 DR AUTO PAS AIR/C YELLOW 15000 MILES.....	£6995
06 06 NISSAN NOTE 1-6 SE 5 DR AUTO PAS AIR/C CAFFE LATTE 32000 MILES.....	£5995
06 06 NISSAN MICRA 1-2 S 5 DR AUTO PAS SILVER BIRCH 10000 MILES.....	£5995
05 55 NISSAN MICRA 1-4 SVE 3DR AUTO PAS AIR BLUE GREY 8000 MILES.....	£5495
05 55 NISSAN MICRA 1-2 S AUTO PAS 5 DR BLADE SILVER 14000 MILES.....	£5995
05 55 NISSAN ALMERA 1-8 SE AUTO PAS 5DR MERLOT RED 15000 MILES.....	£4995
05 05 NISSAN TINO 1-8 S AUTO PAS TECHNO GREY METALLIC 15000 MILES.....	£4995

SUZUKI

05 55 SUZUKI IGNIS 1-5 GL 5 DR AUTO PAS METALLIC GREY 21000 MILES.....	£4995
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MG ROVER

03 03 ROVER 45 IMPRESSION AUTO PAS AIR/C NIGHTFIRE RED 43000 MILES.....	£3495
04 53 ROVER 25i XL 5 DR AUTO PAS BRG /BLACK LEATHER ALLOYS 15000 M.....	£3995
01 51 ROVER 45 CLUB AUTO PAS AIR/C NIGHTFIRE RED 35000 MILES.....	£2995
Y 01 ROVER 25i L 5 DOOR AUTO PAS SUNROOF BLUE 26000 MILES.....	£2695

CHEVROLET & DAEWOO

07 07 CHEVROLET TACUMA 2-0 CDX AUTO PAS AIR MET BLUE 4000 MILES.....	£4995
07 56 CHEVROLET TACUMA 2-0 CDX AUTO PAS AIR MET BLUE 7000 MILES.....	£4995
07 56 CHEVROLET LACETTI 1-6 SX AUTO PAS AIR SILVER 4000 MILES.....	£4995
05 55 CHEVROLET KALOS 1-4 SX 5 DR AUTO PAS AIR/C BLUE 10000 MILES.....	£4495

VOLKSWAGEN

07 57 VW POLO 1-4 S 3DR AUTO PAS AIR/C ALLOYS BLACK 7000 MILES.....	£7995
07 07 VW POLO 1-4 S 5DR AUTO PAS AIR/C SILVER 12000 MILES.....	£8495
07 07 VW POLO 1-4 S 5DR AUTO PAS AIR/C CORNFLOWER BLUE 3000 MILES.....	£8495
06 56 VW POLO 1-4 S 3DR AUTO PAS AIR/C BLUE MET 7000 MILES.....	£6995
05 55 VW POLO 1-4 S AUTO 3DR BLACK AIR SUNROOF 13000 MILES.....	£6495
04 54 VW LUPO 1-4 E AUTO PAS SILVER 3DR 27000 MILES.....	£4995
04 04 VW POLO 1-4 TWIST AUTO PAS ALLOYS AIR/ MET RED 18000 MILES.....	£5995
99 V VW GOLF 1-9 TURBO DIESEL SE AUTO PAS MET GREEN 53000 MILES.....	£3995

KIA

04 54 KIA MAGENTIS 2-0 LE AUTO PAS 4 DR BLACK 25000 MILES.....	£3995
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FORD MONDEO

06 56 MONDEO 2-0 ZETEC ESTATE CAR AUTO PAS AIR BLACK 8000 MILES.....	£9995
06 06 MONDEO 20 LX AUTO 5 DR SALOON PAS AIR/CN KELP 9000 MILES.....	£6995
04 54 MONDEO 2-0 ZETEC ESTATE CAR AUTO PAS AIR SILVER 20000 MILES.....	£6995

VAUXHALL ASTRA

07 57 NEW ASTRA 16 DESIGN AUTO PAS AIR/C ALLOYS SILVER 5000 MILES.....	£8495
07 07 ASTRA 1-8 LIFE AUTO PAS AIR/C ESTATE PANACOTTA 6000 MILES.....	£6995
07 07 ASTRA 1-8 LIFE AUTO PAS AIR/C 5 DOOR BLACK 9000 MILES.....	£6995
06 56 ASTRA 1-8 DESIGN 5DR AUTO SILVER LEATHER ALLOYS 24000 MILES.....	£6995
06 56 ASTRA 1-8 LIFE AUTO PAS AIR/C ESTATE STAR SILVER 6000 MILES.....	£5995
06 56 ASTRA 1-8 LIFE AUTO PAS 5 DR AIR/C MOONLAND 16000 MILES.....	£5995
06 06 ASTRA 1-8 DESIGN AUTO PAS ALLOYS ESTATE SILVER 11000 MILES.....	£6995
05 55 ASTRA 18 LIFE AUTO PAS 5DR HATCH SILVER METALLIC 170000 MLS.....	£4995
05 55 ASTRA 18 LIFE AUTO PAS 5DR HATCH ULTRA BLUE MET 150000 MLS.....	£4995
05 05 ASTRA 1-8 DESIGN AUTO PAS ALLOYS ESTATE GREEN 13000 MILES.....	£5995
04 53 ASTRA 1-6 16V ELEGANCE 5DR AUTO PAS SILVER 26000 MILES.....	£3995
03 03 ASTRA 1-6 CLUB AUTO PAS 5DR ESTATE AIR SILVER 55000 MILES.....	£2995

CHRYSLER

06 06 CHRYSLER PT CRUISER 5DR TOURING SILVER BIRCH 6000 MILES.....	£6495
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NEW ZAFIRA & MERIVA 5& 7 SEATS MPV's & VECTRA

07 57 NEW ZAFIRA 1-8 LIFE AUTO PAS AIR/C TURQUOISE 1000 MILES.....	£8995
07 07 MERIVA 1-6 LIFE AUTO PAS AIR/C SILVER 6000 MILES.....	£6995
07 07 MERIVA 1-6 LIFE AUTO PAS AIR/C SILVER 6000 MILES.....	£6995
06 56 NEW ZAFIRA 2-2 LIFE AUTO PAS AIR/C TURQUOISE 3000 MILES.....	£7995
05 55 MERIVA 1-6 LIFE AUTO PAS AIR/C SILVER 15000 MILES.....	£5995
05 05 MERIVA 1-6 ENJOY AUTO PAS AIR/C SILVER 7000 MILES.....	£5995
05 54 ZAFIRA 1-8 LIFE AUTO PAS CD AIR/C DARK BLUE 12000 MILES.....	£5995
04 53 VECTRA 2-2 SXi AUTO PAS AIR/C 4 DR GREEN MET 27000 MILES.....	£4995
00 X ZAFIRA 1-8 COMFORT AUTO PAS GREEN 55000 MILES.....	£3695

RENAULT

07 07 SCENIC GRAND DYNAMIQUE 2-0 AUTO PAS AIR/C GREY 1000 MILES.....	£8995
07 07 MEGANE 1-6 DYNAMIQUE AUTO PAS AIR SILVER 16000 MILES.....	£6995
07 07 MEGANE 1-6 DYNAMIQUE AUTO PAS AIR SILVER 9000 MILES.....	£7995
06 56 SCENIC DYNAMIC 1-6 AUTO PAS AIR/C QUARTZ GOLD 14000 MILES.....	£6995
06 56 MEGANE DYNAMIC 2-0 CONVERTIBLE AUTO PAS 17000 MILES.....	£9995
06 56 MEGANE DYNAMIC 1-6 CONVERTIBLE AUTO PAS 17000 MILES.....	£8995
06 06 RENAULT KANGOO 1-6 EXPRESSION BLUE PAS AUTO 4000 MILES.....	£5995
06 06 RENAULT MODUS 1-6 PRIVILEGE AUTO PAS GOLD 19000 MILES.....	£6495
05 55 GRAND SCENIC DYNAMIC 1-6 AUTO PAS AIR/C BLUE 9000 MILES.....	£5995
05 55 SCENIC DYNAMIC 1-6 AUTO PAS AIR/C ANTIQUE GREEN 17000 MILES.....	£5995
05 05 MEGANE 1-6 EXPRESSION ESTATE CAR AUTO PAS AIR BLUE 9000 MLS.....	£5995

MERCEDES BENZ

07 07 C180 KOMP AVANTGARDE SE 4 DR AUTO PAS SILVER 13000 MILES.....	£15995
06 56 C220 Cdi AVANTGRDE DIESEL SE EST AUTO PAS BLUE 16000 MILES.....	£16995
06 56 NEW A CLASS 150 CLASSIC SE AUTO PAS 5DR BLUE 2000 MILES.....	£9995
06 56 A CLASS 160 CLASSIC SE DIESEL AUTO PAS 5DR GOLD 2000 MILES.....	£11995
06 06 C180 KOMPRESSOR CLASSIC AUTO PAS AIR SILVER 28000 MILES.....	£12995
06 06 C180 KOMPRESSOR CLASSIC AUTO PAS AIR SILVER 18000 MILES.....	£13995
05 55 C180 KOMP ELEGANCE SE AUTO PAS SILVER LEATHER 19000 MILES.....	£13995
05 05 NEW A CLASS 150 CLASSIC SE AUTO PAS 5DR GOLD 18000 MILES.....	£7995
05 05 C180 KOMPRESSOR ELEGANCE SE AUTO PAS BLUE 21000 MILES.....	£13995
05 05 MERC 270 Cdi DIESEL CLK SILVER ALLOYS LEATHER 48000 MILES.....	£14995
03 53 Vaneo 1-6 FAMILY ESTATE AUTO PAS RED AIR/C 29000 MILES.....	£5995
02 52 MERC 240 CLK AVANTGARDE AUTO PAS ALLOYS SILVER 8000 MILES.....	£10995

PEUGEOT

07 07 PEUGEOT 307 S AUTO PAS AIR/C BLACK METALLIC 6000 MILES.....	£7995
07 56 PEUGEOT 107 5DR URBAN AUTO PAS BLACK 12000 MILES.....	£6995
06 56 PEUGEOT 307 S AUTO PAS AIR/C SILVER METALLIC 9000 MILES.....	£7495
06 56 PEUGEOT 206 SW 1-6 VERVE AUTO ESTATE CAR SILVER 1000 MILES.....	£6995
06 06 PEUGEOT 307 S AUTO PAS AIR/C BLUE METALLIC 11000 MILES.....	£6995
06 06 PEUGEOT 206 SPORT 5 DR AUTO PAS AIR/C AGEAN BLUE 7000 MILES.....	£7995
05 55 PEUGEOT 206 1-4 S 5 3R AUTO PAS AIR/C MOONDUST 10000 MILES.....	£6495
05 05 206 SW ESTATE QUICKSILVER AUTO PAS AIR/C GREY MET 15000 MILES.....	£6495
05 05 PEUGEOT 307 SE ESTATE AUTO PAS AIR/C BRONZE 16000 MILES.....	£6995
04 54 PEUGEOT 206 1-4 S 3 DR AUTO PAS SILVER AIR/C 24000 MILES.....	£4995

MANUAL CARS

06 56 HYUNDAI AMICA 1-1 CDX 5 DR SSPD MANUAL VIVID BLUE 5000 MILES.....	£3995
05 05 CITROEN C4 1-6 SX MANUAL 5 DR PAS AIR SILVER 26000 MILES.....	£4995
05 05 PEUGEOT 307 ZEST 1-4 5DR 5 SPEED PAS BLUE 31000 MILES.....	£4995
03 52 CITROEN C3 SX DIESEL 1-4 5SPEED WICKED RED 52000 MILES.....	£3995
02 52 FORD FUSION 2 5 SPD MANUAL SILVER ONE OWNER 36000 MILES.....	£3495
01 51 VW GOLF 1-6 S 5 DR 5 SPEED MANUAL SILVER SUNROOF 55000 MILES.....	£3695
Y 01 ASTRA 1-6 CLUB 5DR 5 SPEED MANUAL AIR/C BLUE 46000 MILES.....	£24955

CARS AVAILABLE AT OUR UPPER WICKHAM LANE BRANCH 020 8304 1654

08 57 MAZDA 3 TS 5DR AUTO PAS ALLOYS AIR/C ICE BLUE 6000 MILES.....	£8995
06 06 C180 KOMPRESSOR CLASSIC AUTO PAS AIR/C BLUE 18000 MILES.....	£13995
07 07 TOYOTA AURIS TR 5DR AUTO PAS AIR ALLOYS SILVER 5000 MILES.....	£10995
07 07 ASTRA 1.8 DESIGN AUTO PAS ESTATE METRO BLUE 2000 MILES.....	£9995
07 57 CHEVROLET TACUMA 2.0 CDX AUTO PAS AIR MET BLUE 4000 MILES.....	£5495
07 57 FIESTA 1.6 STYLE CLIMATE 5 DR AUTO PAS AIR/C 6000 MILES.....	£7995
07 07 CHEVROLET KALOS 1.4 SX AUTO PAS AIR/C SILVER 3000 MILES.....	£5995
07 07 PEUGEOT 206 1.6 LOOK 5 DR AUTO PAS ONYX BLACK 2000 MILES.....	£7995
07 07 CHEVROLET MATIZ-80 SE AUTO PAS BLUE METALLIC 11000 MILES.....	£4995
06 56 FOCUS 1.6 LX 5 DR AUTO PASAIRC/ SILVER 16000 MILES.....	£7495
06 56 VW POLO 1.4 5 DR AUTO PAS AIR/C CORNFLOWER BLUE 7000 MILES.....	£6995
06 06 TIGRA 14 EXCLUSIVE CONV SSPD LEATHER BLACK 14000 MILES.....	£3995
05 55 NISSAN ALMERA 1.8 SE AUTO PAS 5DR CAYMAN BLUE 16000 MILES.....	£4995
05 55 CHEVROLET KALOS 1.4 SX AUTO PAS AIR/C BLUE 10000 MILES.....	£4495
05 05 PEUGEOT 206 1.4 S 5 DR AUTO PAS AIR/C DIABLO RED 9000 MILES.....	£5495
05 05 NEW A CLASS 1500 CLASSIC SE AUTO PAS 5DR GREEN 19000 MILES.....	£7995
05 05 LAGUNA 2.0 DYNAMIQUE AUTO PAS AIR/C SILVER 30000 MILES.....	£5995
03 03 ROVER 25I LX 5 DR AUTO PAS SILVER LEATHER TRIM ALLOYS 30000 M.....	£3495

USED CAR ROUND-UP: OUR PICK FROM A KEY SECTOR

TOYOTA VERSO



TOYOTA quickly realised the previous five-seat Corolla Verso just was not cutting it in a growing market for mid-sized MPVs so it was replaced by the current seven-seat version after just two years. Now known simply as the Verso, the current car has sharp styling, excellent interior flexibility, generous specifications, good engines and the usual in-built Toyota reliability and quality. The final pair of seats is really only suitable for kids, but it's a nice facility to have.

STAR QUALITY

Driving appeal	★★★★★
Looks and image	★★★★★
Space	★★★★★
Value	★★★★★
Running costs	★★★★★
Reliability	★★★★★
Quality	★★★★★

VAUXHALL ZAFIRA



WHERE did that come from? You could almost hear the motor industry gasp when the first Zafira was unveiled. Okay, the styling was not much to get excited about, but the Vauxhall offered as many seats as a full-size MPV, but within more compact dimensions. Seven seats and flexibility came as standard thanks to the Flex-7 system and the range of engines has increased steadily. Both generations have proved to be as reliable as their workhorse status suggests.

STAR QUALITY

Driving appeal	★★★★★
Looks and image	★★★★★
Space	★★★★★
Value	★★★★★
Running costs	★★★★★
Reliability	★★★★★
Quality	★★★★★

VW TOURAN



MORE staid in looks, the VW Touran sells as much through its badge as its all-round practicality. Look out for the seven-seat examples rather than the rarer five-seaters, but you might pay slightly more for those two extra (and occasional) seats. The Touran drives well and if the interior can be bland, this can be countered by some excellent engines including VW's renowned turbodiesels – the 2.0 TDi has the fastest 0-60mph time of the whole range.

STAR QUALITY

Driving appeal	★★★★★
Looks and image	★★★★★
Space	★★★★★
Value	★★★★★
Running costs	★★★★★
Reliability	★★★★★
Quality	★★★★★



NETWORK Q
Used cars you can rely on

GREAT MONEY SAVING DEALS

AGILA	
08 08 New Agila 1.2 Design 5dr Moroccan Blue	£6,995
CORSA	
08Corsa 1.6 VXR 3dr Under 11,000 miles Arden Blue	£11,650
07 56 Corsa 1.2 Club, 3dr, 1 owner, Under 12,000 miles, Metro Blue	£6,995
06 56 Corsa 1.2 Club 5dr, 1 owner, Under 18,000 miles, Air Blue	£6,995
05 Corsa 1.4 Design Auto 5dr, Star Silver	£5,250
04 04 Corsa 1.2 Energy 3 dr, Air Con, 1 owner, under 22,000 miles, Black	£4,995
05 55 Corsa 1.2 Twinport SXi 5dr, 1 owner, Pommegrante Red	£4,995
TIGRA	
58 Tigra 1.4 Rouge, Under 3,000 miles, Black Sapphire	£12,995
06 06 Tigra 1.4 Exclusive A/C, Under 18,000 miles, Antigua	£8,650
MERIVA	
08 Meriva 1.4 Active 5 dr, A/C, Alloys, ABS, Ex Demonstrator, Metro Blue	£9,495
06 06 Meriva 1.3CDTi Active 5dr A/C, 1 Owner vehicle, Under 28k miles, Star Silver	£6,995
04 54 Meriva 1.7CDTi Enjoy 5 dr, Under 28,000 miles, Silver Lightning	£5,450
ASTRA	
58 Astra 1.7CDTi Life 5 dr A/C, Under 3,000 miles, Black Sapphire	£12,650
08 08 Astra 1.8 Life 5 dr A/C, Automatic, Under 5,000 miles, Star Silver	£9,995
08 08 Astra 1.6 SXi 5 dr Easytronic, Tiptronic auto / manual box, Metro Blue	£9,650
08 08 Astra 1.6 Club 5 dr Estate, A/C, Under 6,000 miles, Ultra Blue	£9,650
08 08 Astra 1.6 Energy 5dr, Ex Demonstrator, Ultra Blue	£8,650
07 57 Astra 1.6 Energy 5dr, Ex Demonstrator, Silver Lightning	£7,450
07 57 Astra 1.6 Energy 5dr, Ex Demonstrator, Silver Lightning	£7,450
07 57 Astra 1.6 Energy 5dr, Ex Demonstrator, Ultra Blue	£7,450
05 55 Astra 1.7CDTi SXi 5 dr, A/C, 1 owner, Alloy Wheels, Metro Blue	£6,450
05 05 Astra 1.6 Breeze 5 dr A/C, Alloy Wheels, Under 40k miles, Silver Lightning	£5,650
04 54 Astra 1.6 Design 5 dr, A/C, Easytronic, Tiptronic, Half Leather, E/Pack, Papyrus	£5,295
ASTRA SPORT HATCH	
08 08 Astra 2.0 VXR Turbo 3dr, Black Sapphire	£14,950
08 58 Astra 1.8 SRI 3dr Exterior Pack, Under 5,000 miles, Bluetooth, Moonland	£13,650
08 08 Astra 1.9CDTi SRI 150 XP 3dr, Exterior Pack, Ultra Blue	£11,995
07 57 Astra 1.8SRI Sport Hatch, Panoramic Roof, Ex Demo, Metro Blue	£8,995
ASTRA TWIN TOP	
06 06 Astra 1.9CDTi 150 Design A/C, A/F/Lighting, Full Leather, 18" s, Air Blue	£11,250
07 07 Astra Twintop 1.8 Sport, A/C, Plus Pack, 17" alloys, Under 10k, Pannacotta	£10,995
ZAFIRA	
08 08 Zafira 1.9CDTi 120 Elite 5dr, E/Pack, Full Leather, Black Sapphire	£12,850
07 57 Zafira 1.9CDTi 120 SRI 5dr, Under 7,000 miles, Automatic, Star Silver	£10,950
07 57 Zafira 1.9CDTi 120 Design 5dr, Under 10,000 miles, Automatic, Black Sapphire	£10,650
07 57 Zafira 1.9CDTi 120 Design 5dr, Under 14,000 miles, Silver Lightning	£9,850
07 57 Zafira 1.9CDTi 120 Design 5dr, Under 14,000 miles, Star Silver	£9,850
07 57 Zafira 1.9CDTi 120 SRI 5dr, Under 16,000 miles, Star Silver	£9,650
07 57 Zafira 1.9CDTi 120 Club 5dr A/C, 1 Owner, Under 7,000 miles, Moonland	£8,950

07 57 Zafira 1.9CDTi 120 Club5dr Auto, 1 Owner, Under 16,000 miles, Choice of Two	£8,750
07 07 Zafira 1.8 Design 5dr, 1/2 Leather, 1 Owner, Under 10,000 miles, Moonland	£9,950
07 57 Zafira 1.8 Club 5 dr A/C, 1 Owner, Under 17,000 miles, Choice of Three	£9,450
07 57 Zafira 1.6 Life A/C 5dr, 1 Owner, Under 15,000 miles, Black Sapphire	£7,950
07 57 Zafira 1.6 Life A/C 5dr, 1 Owner, Under 15,000 miles, Metro Blue	£7,950
VECTRA	
09 NEW Vectra 1.9CDTi (120) Exclusive 5dr, Brand New, Only one left, Black Sapp	New List £16,931 £11,495 Save £5,436
08 58 Vectra 1.8 Exclusive 5dr, Under 3,000 miles, Star Silver	£9,995
07 57 Vectra 1.9CDTi 120 Exclusive 5dr, Under 8,000 miles, Black Sapphire	£8,995
07 57 Vectra 1.8VVTi Exclusive 5dr, Under 4,000 miles, Black Sapphire	£7,995
06 06 Vectra 1.8 Exclusive 5dr, A/C, Cruise, Alloys, ABS, Black Sapphire	£6,495
04 04 Vectra 2.2 Design 5dr, 1/2 Leather, Automatic, Under 49,000 miles, Star Silver	£5,650
04 04 Vectra 2.2 Design 5dr, 1/2 Leather, Automatic, Under 46,000 miles, Ultra Blue	£5,650
ANTARA	
09 NEW Antara 2.0 SE 5dr Auto Brand New ,F & R Park Assist, Tungsten	New List £27,542 £19,995 Save £7,547
08 08 Antara 2.0CDTi SE 5dr Auto, Star Silver	£19,650
08 08 Antara 2.0CDTi S Auto, Under 11,000 miles, Star Silver	£13,995
AUTOMATICS	
09 NEW Antara 2.0 SE 5dr Auto, Brand New, F & R Park Assist, Tungsten	New List £27,542 £19,995 Save £7,547
08 08 Antara 2.0 SE 5dr Auto, Star Silver	£19,650
08 08 Antara 2.0CDTi S Auto, Under 11,000 miles, Star Silver	£13,995
04 04 Vectra 2.2 Design 5dr, 1/2 Leather, Automatic, Under 49,000 miles, Star Silver	£5,650
04 04 Vectra 2.2 Design 5dr, 1/2 Leather, Automatic, Under 46,000 miles, Ultra Blue	£5,650
07 57 Zafira 1.9CDTi 120 SRI 5dr, Under 7,000 miles, Automatic, Star Silver	£10,950
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PEUGEOT

MEDWAY TUNNEL CARS



Y Peugeot 406 LX Auto 2.0 litre (Silver), E/M, E/W, CD stereo, air con, C/L, MOTED, good condition, bargain £995



52 Mitsubishi L200 Animal LWB 4WD Full Leather interior, TAX & MOT, E/W, E/M, Air Con Chequered plate lockable back £4,195



05 2005 CITROEN PICASSO, E/M, E/W, only 23,000 miles, Aircon, A1 condition £3,295



03 Renault Clio Auto 1.4, 5 door, 22,00 miles, E/W, E/M, all extras, long very clean car £2,695

N	VAUXHALL ASTRA ESTATE (RED), E/W, E.M., MOTED, very clean car.....	£895
S	PEUGEOT 206 (RED) 1.1cc, taxed & MOTED, 5 door hatchback, be quick at.....	£995
P	VOLKSWAGEN CADDY DIESEL VAN (WHITE), 1900cc diesel, 116,000 miles, MOT till Dec, great van a real bargain.....	£795
T	VOLKSWAGEN PASSAT SE TURBO (BLUE), 1800cc, taxed and MOT, E/W, E/M, C/L, unbelievable value.....	£995
05	TWIN WHEELED TRANSIT TRUCK, leather seats, 76,000 miles, Reversing sensors, locking Tool box on back, 1 years MOT, 4 months tax.....	£4,995
W	ESCORT 55TD, long MOT, very clean van.....	£995
W	MERCEDES SPRINTER 311, CDI MWB 2.2cc, MOT.....	£1,795
K	RENAULT ESPACE RN 1995cc (SILVER), 7 seater, Full MOT, on sale TO CLEAR.....	£495
52	SKODA FABIA CLASSIC SDI 1900cc (Silver), long MOT, fantastic drive only.....	£995
Y	CITROEN XSARA LX 8V, 5 door hatch, 1400cc (green), long MOT, C/L, E/W, E/M.....	£995
X	HYUNDAI COUPE SPECIAL EQUIPMENT 2.0 litre (Blue) full leather, E/W, E/M, C/L, aircon, long MOT.....	£1,295
X	CITROEN XANTIA FORTE HDI, 2.0 litre (Silver), long MOT, C/L, E/M, E/W, CD player.....	£1,295
X	RENAULT MEGANE MONACO 2.0 litre (Black), full leather, C/L, 6 stack CD player, radio cassette, aircon, E/W, E/M, MOT and taxed, ECU problem hence price.....	£500
W	MAREA 100 ELX Auto 1600cc (Blue), E/M, E/W, CD player, 1 year MOT on sale ..	£1,195
W	SUZUKI BALENO GLX 1600cc (Blue), C/L, E/W, E/M, aircon, 1 years MOT on sale.....	£995
W	OPEL (VAUXHALL VECTRA) 5 door hatch 1800cc, 2 tone paintwork, E/M, E/W, aircon, C/L, 1 year MOT on sale.....	£1,195
T	RENAULT LAGUNA RN 1600cc, long MOT, C/L, E/W, E/M, aircon.....	£895
T	TOYOTA AVENSIS GS, 1800cc (Red), E/M, E/W, aircon, CD player, 1 year MOT.....	£1,595
S	RENAULT MEGANE RT1.6E SCENIC Auto (Red), E/M, E/W, aircon CD player, taxed and MOT to clear.....	£995
S	HONDA CR-/2 litre LS (Blue), E/M, E/W, C/L, CD player, 1 years MOT.....	£1,995
R	FIAT ULYSSE 2 litre S (Red), 7 seater, E/M, E/W, C/L, long MOT.....	£1,095
R	VAUXHALL VECTRA LS 2 litre estate (Blue), E/W, E/M, long MOT.....	£695
R	CITROEN SAXO SX AUTO, 5 door hatch, 1400cc (green), long MOT.....	£795
R	HYUNDAI ACCENT COUPE, 3 door hatch 1400cc, C/L, stereo, long MOT.....	£795
P	MERCEDES C200 ELEGANCE AUTO (Green), E/M, E/W, aircon, C/L, CD player, MOT.....	£995
P	CITROEN XANTRA LX estate 1800cc, (Green), E/M, E/W, long MOT.....	£595
P	VAUXHALL TEGRA (Blue) 1400cc, E/W, E/M, CD Player, MOT.....	£1,095
N	VOLKSWAGEN GOLF 1400cc, 5 door hatchback, clean & tidy, long MOT.....	£695
L	MAZDA 626 GLXABS, 2 litre in Red, E/M, E/W, aircon, C/L, 1 years MOT.....	£795
L	LEXUS LS400 in silver, every extra, price to clear.....	£995
01	VOLVO S60 TS Auto with private plate, 2.0 litre in silver, full leather, full heated electric seats, CD player, plus 6 stack, aircon, E/W, E/M, fantastic condition, taxed With long MOT.....	£2,695



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Senior & General Appointments 48-51



MidKent College

Apprentice in Administration

Salary: £6,171 per annum

As a member of the Business Development Team you will provide administration support to College stakeholders. The successful candidate will develop competencies to meet NVQ Level 2 Standards of performance.

Closing Date Friday 27 February 2009.

Mid-Kent College is working in partnership with RBLI Employment Solutions to support individuals who have a disability or health condition in the application, interview and employment with the college. If you would like any further information regarding RBLI, or require assistance with your application process then please contact RBLI on 0800 783 1144 or visit their website www.rbli.co.uk for information, advice and guidance.

The College is committed to safeguarding and promoting the welfare of young people and vulnerable adults and anyone applying for work with the College is expected to share this commitment. Any offer of employment is subject to compliance with the College's Criminal Records Bureau Disclosure policy and procedure.

Application forms and further details are available from www.midkent.ac.uk. Alternatively, please e-mail job.applications@midkent.ac.uk. For individuals without access to e-mail or the internet please call the Personnel department on 01634 884402 (24 hour answer machine). In all communication with the College please quote the appropriate job title and reference number.

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FOR APPLICATION FORM AND JOB DESCRIPTION
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Or Email: julie.allen@nhs.net



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Have you, as a graduate, considered becoming a teacher via the GTP route, which currently pays £15,113 during training?

St John's Catholic Comprehensive School, in collaboration with Canterbury Christ Church University, is inviting applicants to join the Graduate Teacher Programme from September 2009 in Art Design & Technology Music Mathematics Science

Further details, including an application form, are available from the School's website, www.st-johns-gravesend.kent.sch.uk or from Mike O'Shea, e-mail: moshea@st-johns-gravesend.kent.sch.uk. The closing date for applications is Friday, 27 March

Gravesend Grammar School for Girls A Specialist Science College

Pelham Road, Gravesend, Kent DA11 0JE
Telephone: 01474 352896 Fax: 01474 331195
Website: www.gsgs.org.uk
email: enquiries@gsgs.org.uk



SUBJECT LEADER:

ART/TEACHER OF ART: Maternity Cover

Required from April 2009

Main Professional Grade plus TLR 2B (£4037.00)

A well-qualified and enthusiastic Subject Leader/Teacher who will be responsible for leading and developing Art in the School ensuring good curriculum provision and monitoring and supporting the department and students. The successful candidate will also be expected to teach Art in a highly successful department. The person appointed will have the opportunity to teach up to A' Level which is very popular. The department enjoys excellent facilities and equipment and the support of a part-time technician. Applicants should be able to incorporate ICT in their teaching.

Academic standards are exceptionally high (Ofsted 2008) and the School has acquired Investor in People and Investor in Careers status. We were identified as one of the particularly successful schools in the HMI Chief Inspector's Report for 2002-03 and we have been a Specialist Science College since September 2004.

The School has a high profile for achievement locally and nationally and prides itself on a strong record of internal professional development including a full induction in the Summer term. There is also plenty of scope to be involved in a wide range of extra-curricular activities.

Application forms and further details are available from the Headteacher's Personal Assistant, Mrs M Tong Ralphs. Completed forms should be returned by post, fax or email for the attention of Mrs E Wilson, Headteacher no later than **Wednesday 25th February 2009.**

This school is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

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PCV Drivers - Part time

Medway Towns and Maidstone £9-£10 p/h

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Experience is preferred but not essential.

All candidates to complete a CRB check.

Immediate start possible for suitable candidates.

For information on these and other vacancies please call **Andy** or **Alex** on **01622 664999**



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Call Julie Epsley on: 01732 523442
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in this
section



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Care Worker: To assist service users living in their own homes in Herne Bay, Canterbury & Whitstable areas. Full time to include mornings, evenings and alternate weekends. Part time evenings and weekends. Experience not essential as full training supplied. Mileage allowance paid.

Team Leader: To lead a team of care workers in the Herne Bay and/or Medway areas. Duties will include care planning, assessments, supervisions, spot checks etc. Participation on the On Call Rota 1 week in 5. Experience preferred but might suit an experienced carer wishing to further their career.

Car & mobile phone essential for both positions.

Phone 01227 711011 Mon – Fri 9am to 5pm only
www.scottcare.co.uk

Career Opportunities

Canterbury College is an equal opportunities employer

Canterbury College is a Further and Higher Education College in the heart of Kent. Our goal is to be one of the best FE Colleges in England by 2010. We have 9,000 students across 300 courses and enjoy an enviable reputation as a great place to learn. Our brand new £50M Campus is also home to nearly 800 staff and we have some great career opportunities which may be right for you.



Section Manager Cleaning/Security/Public Services/Health & Safety/Environmental Health	06/122
37 hrs per week, salary starting £33,858 per annum	
Coordinator Animal Care and Land Based Studies	08/156
37 hrs per week, salary starting £27,209 per annum	
Lecturer Beauty and Holistic Therapies	06/142
27.75 hrs per week, salary range £18,387 – £26,363 pro rata per annum	
Lecturer Key Skills Media	06/67
37 hrs per week, salary range £18,387 – £26,363 per annum	
Lecturer Public Services	08/145
37 hrs per week salary range £18,387 – £26,363 per annum	
Lecturer Public Services	06/92
37 hrs or 2 x 18.5 hrs per week, salary range £18,387 – £26,363 per annum (pro rata for part time posts)	
Lecturer Health & Social Care	L90
18.5 hrs per week salary range £18,387 – £26,363 pro rata per annum	
Lecturer Mechanical Engineering	06/59
18.5 hrs per week salary range £18,387 – £26,363 pro rata per annum	
Supply NVQ Assessors:	S/NVQ/ASS
Various hours available, salary range from £18,295 - £26,232 pro rata per annum	
Business	
Administration	
Customer Services	
Team Leading	
Trainer Demonstrator Automotive Engineering	08/67
37 hrs per week, salary starting from £18,963 per annum	
Trainer Demonstrator Fabrication and Welding	TD3
37 hrs per week, salary starting from £18,963 per annum	
Supply Trainer Demonstrator Stage Lighting and Scenic Construction Crafts	S/TD
Various hours available, salary starting from £18,963 pro rata per annum	
Supply Trainer Demonstrator Mechanical	S/TD/MEC
Various hours available, salary starting from £18,963 pro rata per annum	

For an information pack please visit www.canterburycollege.ac.uk or call the Human Resources Office on 01227 811282 (24 hr answerphone) quoting the above reference.

Staff benefits include:

- Pension & Life Assurance Scheme
- Sports Hall & Gym
- Proximity to main bus & train stations
- Generous Holiday Allowance
- Close to City Centre
- Staff Discount Scheme

The closing date for the above posts is Monday 2nd March 2009 at 12 noon



CLICK
www.canterburycollege.ac.uk/job-vacancies



CALL
01227 811282 (24 hr answerphone)



HMYOI ROCHESTER, MEDWAY PRISONS
HEALTH PARTNERSHIP >



EXTRAORDINARY JOBS. EXTRAORDINARY WORKPLACE.

HMYOI Rochester requires Registered General Nurses, Mental Health Nurses and Learning Difficulties Nurses:

BAND 5 REGISTERED NURSES (GENERAL, MENTAL HEALTH, LEARNING DIFFICULTIES)
£20,225 - £26,123 PA PLUS ENVIRONMENT ALLOWANCE OF £1,542 PER ANNUM AND ADDITIONAL ALLOWANCE FOR ROSTERED WEEKEND WORKING.

The Registered General Nurse will nurse in a general practice environment and respond calmly in a changing environment or to urgent events. Skills including chronic disease management, good assessment skills, triage, minor illnesses, sexual health and health promotion skills are desirable.

The Registered Mental Health or Learning Difficulties nurse will assess and support a range of community mental health, mental illness and behavioural issues including work with substance and alcohol misuse. Skills needed include crisis intervention and risk management and work with self-harm. CBT and behavioural management skills and experience working with conduct disorder, ADHD or Autism/Aspergers spectrum behaviours will be valued.

Nursing in prison is an opportunity to make a difference in the life chances of young people in custody for whom health improvement is part of the key to unlocking their future.

HMYOI Rochester requires two Band 4 Health Support Workers delivering a range of one-to-one and group interventions:

BAND 4 HEALTH SUPPORT WORKERS (PRIMARY CARE & PRIMARY MENTAL HEALTH CARE) – HMYOI ROCHESTER (HEALTHCARE SUPPORT WORKER)
£17,316 - £20,818 PA PLUS ENVIRONMENT ALLOWANCE OF £952 PER ANNUM AND ADDITIONAL ALLOWANCE FOR ROSTERED WEEKEND WORKING.

With a relevant qualification preferably to diploma level or NVQ 3/4 or equivalent or relevant qualifying experience in health, health education, or social care service delivery you will have a proven record and work well in partnership with other professionals. You must have good basic educational skills and the ability to deliver interventions one-to-one or with groups is essential. Knowledge of health education and health improvement procedures and techniques is desirable. Health promotion in prison is an opportunity to make a difference in the life chances of young people in custody for whom health improvement is part of the key to unlocking their future.

In return, you'll receive 27 days' annual leave plus 8 public and privilege holidays per annum and entry into the NHS Pension by invitation.

To apply for these posts please email kent-sussex-area-recruitment@hmps.gsi.gov.uk
Applicants will require an email address in order for applications to be sent to them.
The closing date for receipt of completed applications is 20 February 2009.

Applicants will be required to declare whether they are a member of a group or organisation, which the Prison Service considers to be racist.

Part-time working or job sharing will be considered.

The Prison Service is an equal opportunities employer. We welcome applications from candidates regardless of ethnic origin, religious belief, gender, age (subject to being within the normal retirement age for the grade), sexual orientation, disability or any other irrelevant factor.



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- KOS Media (Publishing) Ltd reserves the right to omit or refuse any advertisement/commercial/web content without notice or explanation. In these terms the word "advertiser" shall be construed to include any person or organisation placing an advertisement on behalf of another.
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- Advertisers are requested to check their advertisements after the first insertion. The media owner will not be responsible for any errors on subsequent insertions, which have not been advised to them in writing.
- A minimum of one month's notice must be given in writing for any cancellation of the signed annual advertiser's agreement. Upon cancellation, all discounts from KOS Media's standard effective media advertising rate card (July 2008-June 2009) will be recalculated and adjusted accordingly in line with KOS Media's standard media rate card (effective July 2008-June 2009) and will be applied to the advertiser's commitment denoted by the advertiser's written cancellation. Any surcharges, refunds or costs in relation to the production of the advertiser's TV commercial for the commitment set out within the advertiser's agreement will be met in full by the advertiser as per KOS Media's standard media rate card (effective July 2008-June 2009). Discounts will be reapplied and any refunds or surcharges will be paid by either party within 30 days of the advertiser's written cancellation. Any other advertising placed must give a minimum of seven days' written notice and any discounts given for series bookings will be forfeited by the advertiser upon cancellation.
- Seasonal contracts, Your Professional classified advertisements or any uplift advertising within the annual contract with the advertiser will be invoiced in full - at rate card - on receipt of any written cancellation of this contract within the 12-months.
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This is an excellent opportunity to develop as part of an established team with a supportive ethos.

Academic standards are exceptionally high (Ofsted 2008) and the School has acquired Investor in People and Investor in Careers status. We were identified as one of the particularly successful schools in the HMT Chief Inspector's Report for 2002-03 and we have been a Specialist Science College since September 2004.

The School has a high profile for achievement locally and nationally and prides itself on a strong record of internal professional development including a full induction in the Summer term. There is also plenty of scope to be involved in a wide range of extra-curricular activities.

Application forms and further details are available from the Headteacher's Personal Assistant, Mrs M Tong Ralphs. Completed forms should be returned by post, fax or email for the attention of Mrs E Wilson, Headteacher
no later than Wednesday 25th February 2009.

This school is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

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- Good communication skills are essential as some public speaking will be required and you will be representing the Authority in discussions with interested parties. You should be able to demonstrate relevant skills, experience and knowledge, for example in management, business, finance, strategic IT and community or race-relations.

A commitment of up to two days per week is required, for which an allowance and expenses are payable. This term of appointment will last for four years. You need to be over 18, live or work within Kent and Medway (and have done so for at least a year prior to appointment) and not be otherwise disqualified. Kent Police Authority welcomes applications from all eligible people from all backgrounds.

For more detailed information and an application pack call 01622 677055 or email memberappointment@kent.pnn.police.uk Closing date 9 March 2009.

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Parent Carers Support Services Officer Employment opportunity

This is your opportunity to Promote, Support and Empower Carers of all ages and to become an integral part of an expanding, independent charity that has a well established solid foundation and which is held in high regard within the local community, voluntary and statutory sectors of Swale and beyond.

In partnership with East Kent Coastal PCT, we seek 2 innovative, enterprising people with a proven passion for developing and delivering Support Services to Vulnerable People and with an empathy and understanding of the needs, rights and issues facing Family Carers.

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Salary: £18,250 Full-time, or pro-rata to part-time hours
+ Essential Car Users Allowance + Optional Pension Contributions
Hours: 1 x 37 Hrs Per Week, 1 x 22.5 Hrs Per Week
All hours to be worked flexibly to accommodate the needs of the service and will include some evening and weekend working.
Contract: Initially 1 year, thereafter subject to funding

For further details and application pack, please contact Mrs S Hornby, Chief Operations Officer 01795 583440 email sandie.swalecarers@tsccol.co.uk
Closing date for receipts of completed applications: 18th February 2009
Interviews: 23rd February 2009 - Start Date: 30th March 2009

the University of Greenwich at Medway

PART-TIME RECEPTION AND SECURITY ASSISTANT (Ref: 01166/K3)

We are looking for an enthusiastic person to join our Drill Hall Library reception and security team. You will be part of a team who will be providing a seamless IT and library support service to students and staff of the Universities at Medway from Canterbury Christ Church, Greenwich and Kent.

Reception and security staff are responsible for the security of the Drill Hall premises when open for business, for monitoring entry and exit of authorised persons, opening and closing procedures and setting security systems. The appointed person will also carry out routine manual and clerical tasks involved in the day-to-day running of the LRC, including operating a range of equipment and running van deliveries within campus and to the remote store. Reception staff are normally the first point of contact for Library users and visitors and must have excellent communication and customer care skills. Flexibility and team work are also essential requirements.

The post is for 17.5 hours a week, shift patterns may fall as part of the opening hours plus opening up and locking down time, currently 8.00 am to 9.30 pm. You may be required to contribute to a weekend rota.

Salary pro rata to £18,027-£20,226 per annum

We aim to be an equal opportunities employer and welcome applications from all sections of the community.

To obtain further particulars and an application form visit our website www.gre.ac.uk, email: jobs@gre.ac.uk or write to the Personnel Office, University of Greenwich, Avery Hill Road, London, SE9 2UG quoting the job reference. Applications should be returned by 5:00 pm on 27 February 2009.



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Nursery Officer Ref: CA0438

Salary: D1 £12,592 - £16,230 per annum

Hours: 37 per week, working a shift pattern

Location: All Saints Sure Start Children's Centre

All Saints Sure Start Children's Centre Nursery is looking for a nursery officer to join its busy team. If you have an early years qualification, (minimum level 2), post qualifying experience and a passion for providing the highest quality care and education for children under 5, then we would like to hear from you.

Any offer of appointment will be subject to a Criminal Records Bureau enhanced disclosure.

For an informal discussion, please contact Chris Hogbin, Early Education and Childcare Co-ordinator, on 01634 338833.

Closing date for applications, Monday 2 March 2009.

Previous applicants need not apply.

For an application pack or to apply visit www.medway.gov.uk or phone 01634 333333 Mon to Fri 8am – 8pm, Sat 9am – 1pm or 01634 332843 24-hour answerphone.
Alternatively email jobs@medway.gov.uk quoting the reference.

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ref: 09/07

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The ability to work on your own initiative is essential although sufficient support will be provided. Although a relevant professional qualification would be desirable, good communication and interaction skills are essential, as is fluency in Punjabi.

Application forms and job descriptions can be downloaded from <http://www.kca.org.uk/pages/vacancies.html> or email recruitment@kca.org.uk Alternatively, write to KCA (UK), Dan House, 44 East Street, Faversham, Kent ME13 8AT or call 01795 590635. Please quote reference 551.

Closing date: 27 February 2009.

Interview date: 12 March 2009 in Gravesend.

We regularly have opportunities for **Community Drug Workers**. Vacancies are advertised on our website and if you would like more information please email recruitment@kca.org.uk

KCA (UK) is committed to the principles of equality of opportunity for all and welcomes applications from people with experience of substance use or who have had previous problems with substance misuse. Charity no: 292824.

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Director of Development

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The Kent Association of FE Corporations (KAFEC) is an innovative partnership of the seven FE colleges based in Kent & Medway. Formally established in 1994 its main purpose is to raise the profile and reputation of FE in Kent and Medway while continually driving up the quality of FE provision. Through collaborative working, mutual support and the sharing of best practice, KAFEC aims to influence the development of education and training for the benefit of all learners.

We are seeking to appoint a Director of Development to drive forward the implementation of our Key Strategic Priorities. The successful applicant will be both innovative and strategic in their thinking with a proven track record of working with partnerships and managing the successful delivery of externally funded projects. Positive and pro-active in response to the volume and complexity of your work you will have excellent communication skills, the ability to negotiate bids and contracts and must be extremely self-motivated.

The Chair of KAFEC is held by one of the seven colleges, for a fixed term of three years. The current Chair is Principal of MidKent College and the post holder will be based at MidKent College, until 31st July 2010. Thereafter, the post holder may be based at any one of the seven KAFEC colleges in Kent and Medway.

Any offer of employment is subject to a Criminal Records Bureau (CRB) Enhanced Disclosure and List 99 clearance.

For an informal discussion about this post please contact the Chair of KAFEC, Stephen Grix on 01634 884387, alternatively by e-mail: stephen.grix@midkent.ac.uk

To apply:

Email: job.applications@midkent.ac.uk
Telephone: 01634 884511

For further information about KAFEC visit: www.kafec.org.uk

The closing date for the above post is Friday 27th February 2009



KAFEC is committed to Equal Opportunities and encourages applications from all sections of the community and welcomes applications from under represented groups including black, minority, ethnic and disabled people.

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For an application form and detailed information pack please contact Belinda Lyttle, Kent, Sussex & South Central Recruitment Team, Sir Evelyn Road, Rochester, Kent ME1 3PZ. Tel: 01634 673110. Email: kent-sussex-area-recruitment@hmps.gsi.gov.uk

The closing date for receipt of applications is 2 March 2009.

Applicants will be required to declare whether they are a member of a group or organisation, which the Prison Service considers to be racist.

Part-time working or job sharing will be considered.

The Prison Service is an equal opportunities employer. We welcome applications from candidates regardless of ethnic origin, religious belief, gender, age (subject to being within the normal retirement age for the grade), sexual orientation, disability or any other irrelevant factor.





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BUSINESS BRIEFS

Report makes pitch for keeping sales skills up

ONE in five companies in the South East is experiencing a sales skills shortage, despite selling being critical in a recession, according to a new report.

The research, by sales recruitment and training specialist Pareto Law and its parent company Randstad, found a fifth of companies reported a lack of sales expertise in areas such as telephone selling, negotiation, presentation and account management skills.

Jonathan Fitchew, joint managing director, said: "Developing and training a strong sales team is critical to business success – now more than ever."

"Companies need to invest in ensuring their sales people have the skills to quickly impact on business performance."

"In a difficult market it's all about having the knowledge to think creatively, looking at new markets, opportunities and strategies that will help the business not only survive but come out of the recession in a stronger position."

Expert Freud will give Lord Mayor's lecture

DAVID Freud, one of Britain's leading economic experts, will give this year's Lord Mayor of Canterbury's lecture, and it's open to everyone.

His talk, *The Crash and Beyond*, will cover a variety of local, national and international issues. There will also be a question and answer session.

In particular, he will look at the crash of 2008 and what it means for the country now, the likely impact of high-speed train services on Canterbury, welfare reform, the challenge of growth for third sector organisations and the economics of the Israel/Palestine impasse.

Lord Mayor Cllr Carolyn Parry said: "It will be a thought-provoking evening."

The talk is at the University of Kent's Keynes Lecture Theatre 1 on Friday, from 6pm. The event is free and booking is not required. Mr Freud's career spans financial journalism, the City, national welfare policy and international politics. He was appointed adviser on welfare reform to the Government in 2008.

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Julie Maddocks asks: "In business, is small really beautiful?" Search 'crunch'

Use hidden talents – or your number's up

Accountants crucial in small firms' fight for survival

■ BY TONY PATEY

SMALLER Kent companies – which make up most of the firms in the county – have been urged to unlock the hidden talents of their accountants in the fight for survival and thriving for the future.

They have been told that number-crunchers aren't just good with the profit and loss account and the balance sheet, they can also help with general business advice such as how to unlock finance.

Smaller businesses, with tighter profit margins, fewer overheads to cut and limited access to credit, are especially vulnerable in the downturn and need to make the best use of all their contacts.

The advice comes from Kent accountancy firm Horwath Clark Whitehill, which has offices in Tunbridge Wells and Maidstone.

Big businesses and larger organisations can seek advice from investment bankers or from their external public relations and marketing support teams.

However, for smaller companies these options are not always available and they could use their accountants for help, advice, ideas and strategic guidance.

Mark Anderson, a partner with HCW, said an accountant can act as an objective, impartial sounding board.

He said: "Communication between a business and its advisers is always important but particularly so during difficult trading times."

"Planning ahead and liaising closely with your accountants can alleviate many future problems and ensure a business is ready for anything that may arise."



NUMBER CRUNCH: Mark Anderson of accountancy firm Horwath Clark Whitehill has advice for Kent's small firms

"Going through potential scenarios which may impact a business – such as the loss of a key supplier or client – is a worthwhile exercise and can mean less panic and stress should the worst occur. Thinking ahead can help a company stay physically ahead."

The downturn has also brought into sharper focus one of the key accountancy activities – tracking cash in and out of businesses. Now, cash flow is vital.

Mr Anderson said: "Accountancy firms' traditional skills can help their clients by chasing

up cash from debtors, checking credit references and keeping an eye on the financial health of clients."

"Your accountant can also be very important in putting your case forward when raising funds from lenders, whether they are a bank or a private investor. He or she may well have important knowledge about which lenders are best placed and most willing to do business in the current climate, and what other sources of funding may be available, such as private equity and venture capital."

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Picture ALAN BOURNE



DIRTY JOB: Medway dug deep in truly testing conditions after heavy rainfall to beat local rivals Sheppey on Saturday

Medway victorious in battle of 'Mudway'

Sheppey 10 Medway 20

MEDWAY continued to inch their way towards a third consecutive league title on Saturday as they overcame a dogged Sheppey.

The victory, their 14th in a row since losing on the opening day of the season, kept Taff Gwilliam's side two points clear in Kent 1, still with a game in hand on their rivals.

Heavy rain last week made the pitch very heavy and the game only went ahead after the referee consulted with

RUGBY

both coaches, who were in favour of playing.

Michael Scaife put Medway in the driving seat early on. After a solitary reply from the hosts, Simon Greene dived over for the opening try, which was converted by Scaife.

Medway scored 50 points when the sides met in October, but there was no prospect of a repeat as Sheppey regrouped well to score a converted try of

their own. It sent the home side in just three points adrift at the interval.

Rob Ellis' try on 55 minutes, converted by Scaife, was the only score in the second half as the league leaders ground out another precious victory.

Head coach Gwilliam said: "The bottom line is we've won. To come down to Sheppey missing several players and win on a pitch which didn't suit our play, we are delighted."

Next up is a home game on Saturday against Askeans, a side who have lost all 15 of their league games this season.

Lords close in after a five-star display

LORDSWOOD are just three points behind their nearest rivals Beckenham Town in the Kent League after putting five past basement side Sporting Bengal on Saturday.

A brace from Dan Jeffrey followed by goals from Duane Carter, Nick Minshell and Joel Melville put Lordswood in a commanding position. Sporting Bengal scored a consolation goal late on, but the game finished 5-1.

The result was only Lordswood's fourth league win of the season and secured back-to-back wins for the first time this term.

This Saturday Lordswood host 13th-placed Croydon as they bid to record three consecutive wins.

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Gillingham captain Barry Fuller discusses his pneumonia scare

Leaders are in the Huntsmans' sights

REAL Huntsman kept the pressure on league leaders Jules Rimet in the City Masters League Premier Division with a comfortable victory.

Real Huntsman, who are second in the league, beat The Jolly's 4-0. The result means they are now just a point behind the leaders Jules Rimet, who thrashed Average Joes 9-0.

Heskey's Heroes are still looking for their first points of the season, as they were beaten 4-0 by third-placed Atomics.

In the Friday League, Santos maintained their four-point lead at the top of the division with an impressive 11-1 win against Piggies.

PLEASE SEND YOUR SPORTS STORIES TO SPORTS EDITOR GLENN PEARSON AT glenn.pearson@kosmedia.co.uk



Picture KEITH SLATER



Picture IGOR KIPKO

DISALLOWED: Andy Barcham (left) had the ball in the net for Gillingham but his effort was ruled out for off-side, while Nicky Southall also came close in Saturday's defeat against

Gills look to Priestfield to get back to winning ways

FOOTBALL

BY DAVID PRITCHARD

Rotherham United 2

Clarke 25, Green 81

Gillingham 0



GILLINGHAM'S winning run away from home came to an end as they conceded a goal in either half to slip to defeat at Rotherham.

Jamie Clarke and Jamie Green scored the goals for the home side, which condemned Gills to back-to-back defeats for the first time since October.

The result saw Gills slip to tenth, three points from the play-off positions before last night's rearranged home game against Aldershot Town.

The big surprise at the Don Valley Stadium was skipper Barry Fuller's return less than five weeks after developing pneumonia.

Gills boss Mark Stimson also switched formation, with Dennis Oli missing out as Adam Miller was pushed in just behind lone striker Simeon Jackson.

Gills were looking to win their fourth successive away league game for the first time since 1981, but the Millers started brightest and took the lead through Clarke on 25 minutes.

Nicky Southall and Jackson tested goalkeeper Andy Warrington, while Andy Barcham had

a goal disallowed for off-side as Gills went in a goal down at the break.

Oli and Gary Mulligan came on midway through the second half, with the former almost making an instant impact, but his shot was well saved. Defeat was sealed nine minutes from time when Green fired home after cutting in from the flank.

Following on from a limp defeat to Bradford a week earlier, Gills suddenly need to hit form to stay in touch with the play-off pack. Handily they have three home games in a row, with struggling Macclesfield visiting on Saturday.

Elsewhere, Gillingham's hopes of signing Ade

Gillingham starting XI



Subs used: Oli (Lewis 65), Mulligan (Jackson 65), Richards (King 78)

Akinbiyi for the rest of the season look to be fading after Burnley manager Owen Coyle rubbished the rumours.

Speaking to the Burnley Express, Coyle said: "Regarding the speculation, that's exactly what it is, there has been a number of general enquiries about Ade, Blackpool being one, but that was three or four weeks ago."

"I don't really enter into speculation, I deal in facts, and there is no chance of that being imminent or happening."

• Log on to www.yourmedway.co.uk for the report and reaction from last night's game against Aldershot.

Chats give league leaders a scare in seven-goal thriller

FOOTBALL

BY DAVID PRITCHARD

Avely 4

Elbi 10, 50 (pen), Richmond 25, 66

Chatham Town 3

Barnett 4, 63, Potter 62



CHATHAM Town were again left wondering how they lost a game in which they dominated one of the Ryman North's top sides for long spells.

Lee Barnett scored twice in an entertaining game, but missed a glorious chance for his first hat-trick in Town's colours when his late penalty was saved.

Defensive frailties again cost the Chats, who narrowly lost to fellow title contenders East Thurrock United despite a good performance last month.

Manager Steve Binks said: "In the last few weeks we have outplayed East Thurrock, Aveley and Waltham Abbey and only got three points to show for it. There's a lot of heart to take from the performance, we've shown great desire to get back into the games, it's just sloppy mistakes mentally where we've let ourselves down a couple of times.



ON TARGET: Brad Potter (left) scored as Chatham Town gave league leaders Aveley a fright on Saturday

"It was a game with two sides which had potent attacking threats but flaws defensively. It's just frustrating to yet again take nothing from a game against one of the division's best sides."

Barnett, who is increasingly looking at ease after his move from Slade Green, put the

Chatham starting XI



Subs used: Walker (Larkin 30), Hockey (Westernman 71), May (Denness 85)

Chats ahead inside four minutes. The lead did not last long as the league leaders drew level and despite the visitors twice hitting the woodwork, they went in 2-1 down at the break.

A 50th-minute penalty appeared to put Aveley well on the way to a routine victory, but thrillingly the Chats hit back to draw level.

Brad Potter and Barnett scored in quick succession and for a moment it looked like Binks' side would go on to become only the third team to beat Aveley in the league this season.

Their hopes were dashed within three minutes, when the hosts scored what turned out to be the winner.

Town still created a golden chance to draw level again. Byron Walker, who returned to the club on Friday, embarked on a jinking run which was only ended by a foul in the penalty area. Barnett's spot-kick was well struck, but just too close to the goalkeeper.

Chats host strugglers Witham Town on Saturday, a side they beat 6-1 when the sides met in October.



TEAM TALK

with Gills skipper
BARRY FULLER

It was good to be back – shame about the result

SATURDAY was a day of mixed emotions for me: on a personal level I was delighted to be back in the starting line-up, but the result was disappointing.

I was surprised when I was told I was starting. I was pleased and the gaffer obviously felt I was in the right shape to play, even though it was only a month since I was in hospital with pneumonia.

In the end I played the whole 90 and felt fine. I took a couple of knocks but physically there was no problem. I didn't think I would be able to play a full game but as soon as the whistle blew I didn't think about it and if I had been subbed I would have been disappointed.

We didn't deserve to take anything from the game. There weren't many clear-cut chances but in the second half we pushed forward more than them. We tried to get the equaliser and then they caught us a bit for the second goal. Overall they deserved to win and we didn't do enough to deserve anything.

It was disappointing to lose and now we have a few important games to come where we've got to make sure we bounce back. Along with the defeats against Bradford and Lincoln, we've put ourselves under pressure to win a few games. We've got three home games in a row and realistically we have to win all three to stay in the mix.

As a player, when you lose you just want to get back out there as soon as possible to make up for it, so it's good we had the Aldershot game last night. If we had a whole week to wait sometimes you can dwell on it.

Hopefully we got the win we needed so we can go into Saturday's game against Macclesfield with confidence.



DENT: Holcombe lost to Cambridge University on Saturday

Cambridge prove too clever for Hol ladies

HOCKEY

HOLCOMBE ladies' title challenge took a dent on Saturday as they lost to University of Cambridge.

Candice Forwood and Jennie Hoyte were on target for Mike Haines' side, but it could not prevent them slipping to a surprise 3-2 defeat to the mid-table students.

It ended Holes' six-game winning run in the East Women's Premier and saw them slip two places to third. Only two points separates the top three, but Holcombe have played a game more than second-placed Cambridge City, who they play in their next league game on February 28.

The ladies bounced back in style on Sunday as they beat Ashford 12-0 to book a meeting with Folkestone in the Kent Cup semi-finals this weekend. Hoyte top scored with five goals, while Forwood picked up a hat-trick.

In the Men's Conference East, Holcombe had a mixed weekend. On Saturday they were well beaten by Old Loughtonians 5-0, but bounced back a day later to hold league leaders Indian Gymkhana 3-3.

This weekend they face trips to City of Peterborough on Saturday, before the Kent derby with Canterbury a day later.

Mos come from behind to take Redskins' scalps

ICE HOCKEY

Streatham Redskins 2 Invicta Dynamos 7

A STRONG third period saw Invicta Dynamos beat rivals Streatham Redskins to take another step closer to the English National Ice Hockey League South title.

The visitors had to twice come from behind and only made sure of victory with three quick goals at the start of the final period.

Victory, their 15th league success in a row, strengthened their position at the top, one point clear with three games in hand on nearest challengers Bracknell Hornets.

The Redskins came out fired up and their fast start was rewarded when they took the lead inside the first five minutes. Falling behind appeared to stir the Mos into a response and after Martin Melicherick and Andy Smith came close, Elliot Andrews levelled the scores with a neat finish.

Streatham retook the lead early in the second period and it was not until after the halfway mark when Invicta drew level again. Andrews set up Smith for a power-play goal. Within 16 seconds they were in front for the first time when Andrews scored his second of the game.

The Mos finally took control of the game early in the third period, when Jamie Dancey, Milan Kostolny and Melicherick scored in a three-minute spell to make it 6-2.

Smith completed the scoring late on to give the score line an added flourish.

The Mos can get within touching distance of



IMPRESSIVE: Milan Kostolny was on target in Invicta Dynamos' win on Sunday to stay clear at top of table

the league crown this weekend if they extend their winning run with a trip to Peterborough Islanders on Saturday and a home game against Oxford Stars on Sunday.

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A former junior All Black talks about his switch to play Kent club rugby



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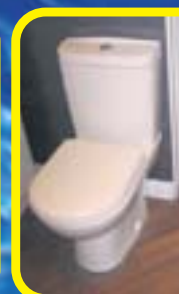


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